



What is needed to decrease the burden of Sepsis in Belgium?

Prof. dr. Manu Malbrain

1st Dep Anaesthesiology Intensive Therapy, Lublin, Poland

Chief Medical Officer Medaman, Belgium

September 13 2023
World Sepsis Day



What is needed to decrease the burden of Sepsis in Europe?

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Manu Malbrain, MD, PhD

- Internist – Intensivist
- CMO, Medaman, Belgium  
- Professor, Critical Care, 1st Dep Anaesthesiology and Intensive Therapy, Medical University Lublin, Poland
- Co-Founder, President International Fluid Academy (fluidacademy.org)
- Past ICU Director, Crisis Manager University Hospital Brussels (UZB)
- Past President, current treasurer WSACS (wsacs.org)
- Educational Grant: 2003 ESICM Chris Stoutenbeek Award
- Member Medical Advisory Board
 - Getinge, Spiegelberg, Holtech, Serenno Medical, Baxter, BD,
 - Sentinel Medical Technologies, LynxCare
- Consults for Cytosorbents, Potrero, Maltron, Medtronic
- European Patent Holder: GEF/GEDVI - CiMON (PMS)
- Fees - Honoraria: PeerVoice, Nestlé



There is **NO**
National Belgian
Sepsis Action Plan



FORGET THE MISTAKE
REMEMBER THE LESSON →



FORGET THE MISTAKE
REMEMBER THE LESSON



HOW TO SURVIVE SEPSIS



Testimonial given by
sepsis survivor
Krista Bracke
During IFAD2022
meeting

Watch full Video
https://whova.com/portal/ifad_202211/videos/3cjN3YzMzQTN/

Tumbling into a second life... January 30th 2009



A close call

- Flu?
- Streptococcus pyogenes bacteria: septic shock
- Cardiac arrests & reanimations
=>less than 5% chance to survive
=> need for noradrenaline
- Damage? Physical? Mental

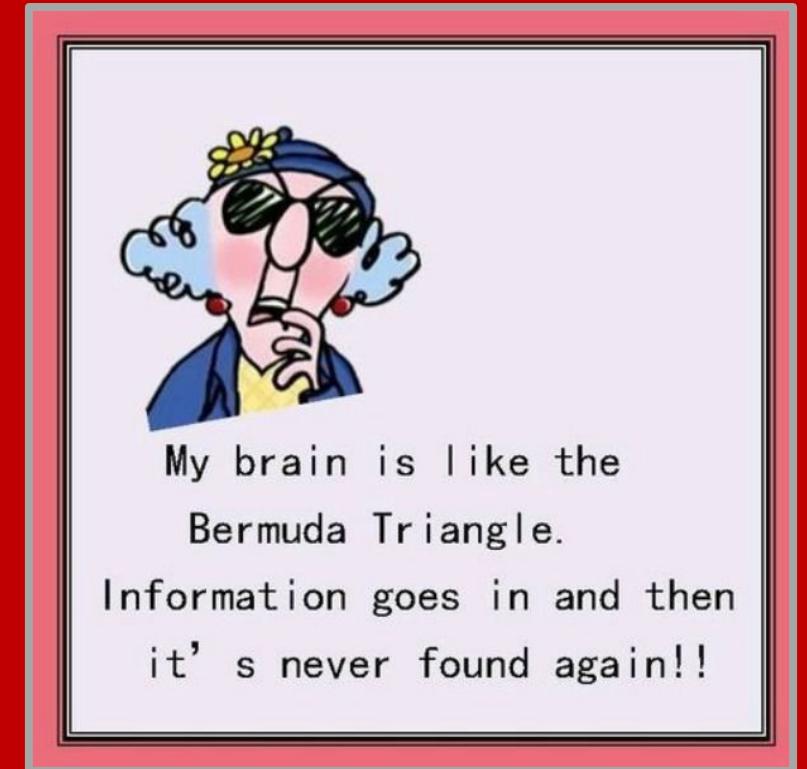
Physical damage: feet & legs



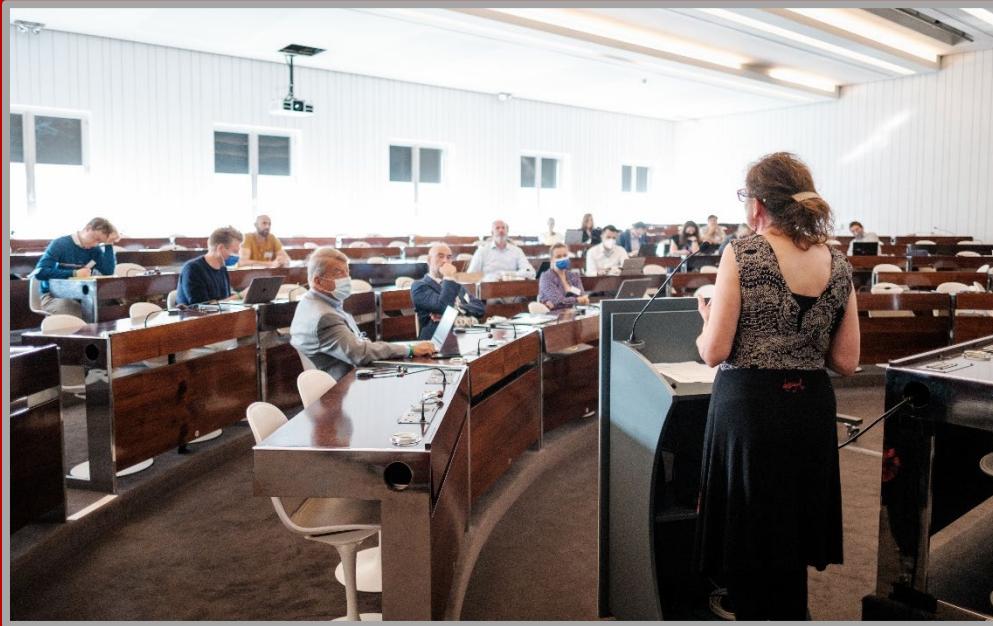
March 16th 2009: double below knee amputation

Longlasting effects of sepsis

- Extreme & unpredictable fatigue
- Listening to s.o.: what a challenge!
=> recently: listen to radio for half an hour
- Concentration problems
=> limitations in e.g. driving a car (impulses!)
- Difficulties in finding the correct words
- Short term memory disturbed



- Sept. 13th '21: Round Table for Belgian Parliament (World Sepsis Day)
=> Realised long lasting effects caused by sepsis – after 12 years...

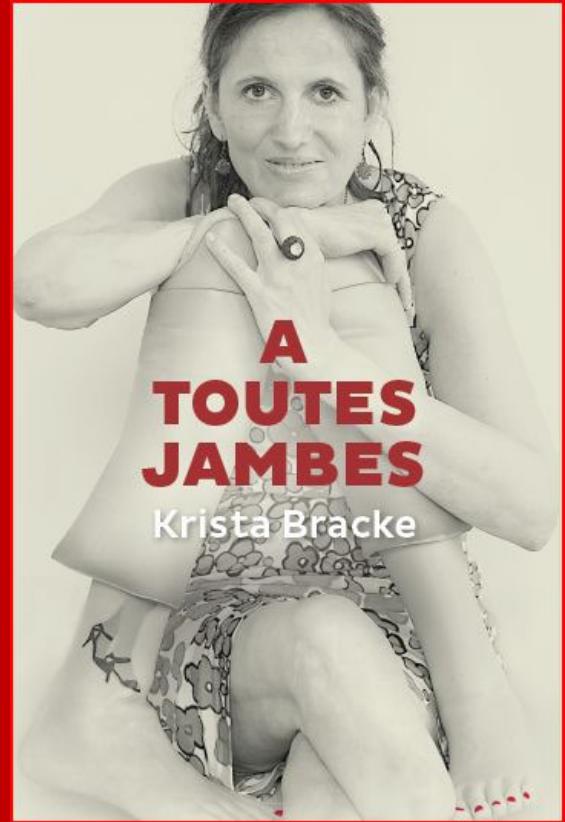


- Experiences other sepsis survivors:
 - > Late diagnosis
 - > Side-effects not taken seriously
 - > No 'after care': to which medical specialist for help?



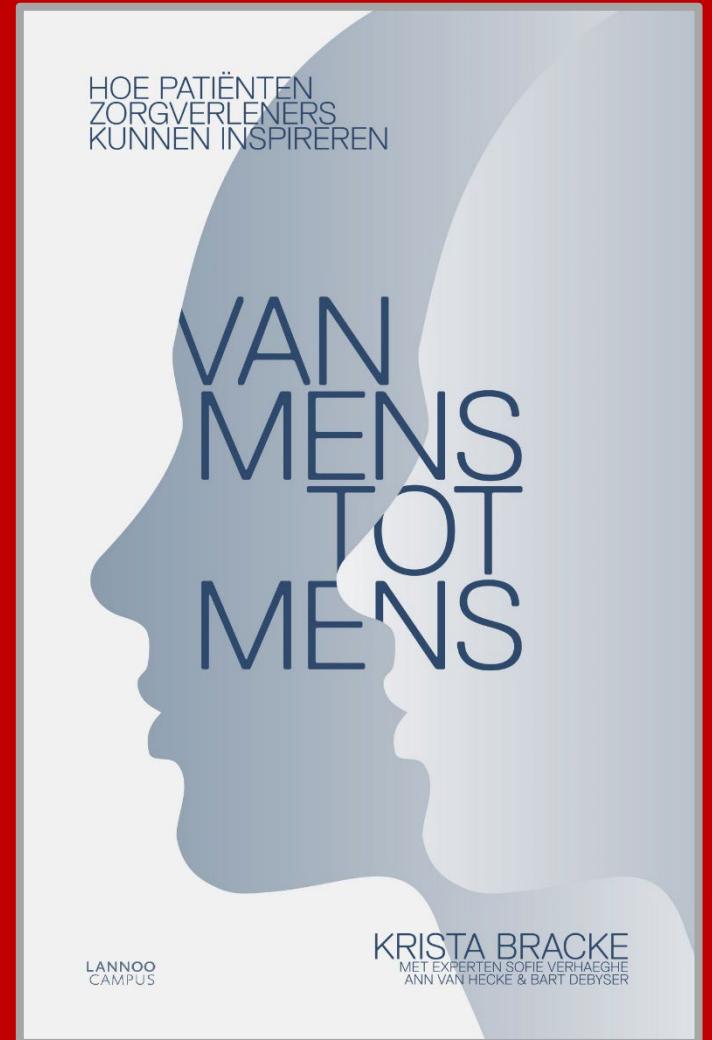
Personal story in a book:

- How to find a balance in a completely different way of living: nothing is *easy* any longer...
- How husband & children cope with a new partner & a new mummy
- 2014: written in Dutch, translated into French



Human to human

- Published September 2020
- Which health professional makes a difference?
=> experience of patients
+ experts from Ghent University in Patient Participation
- Professional + patient: knowledge & experience
= strong team!
- Based on relationship of respect & confidence



Timberland PRESENCE

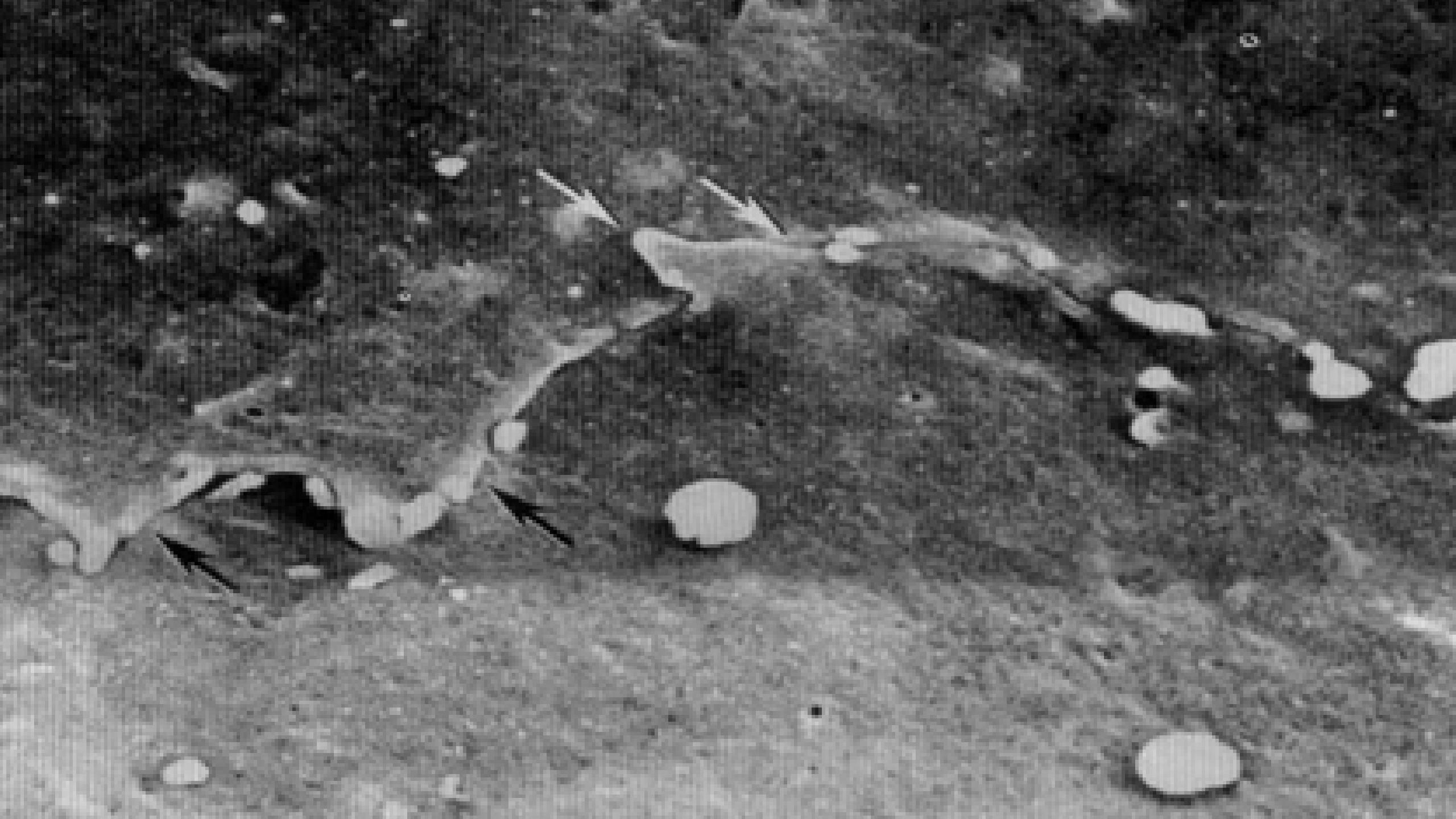


Breaking Bad habits

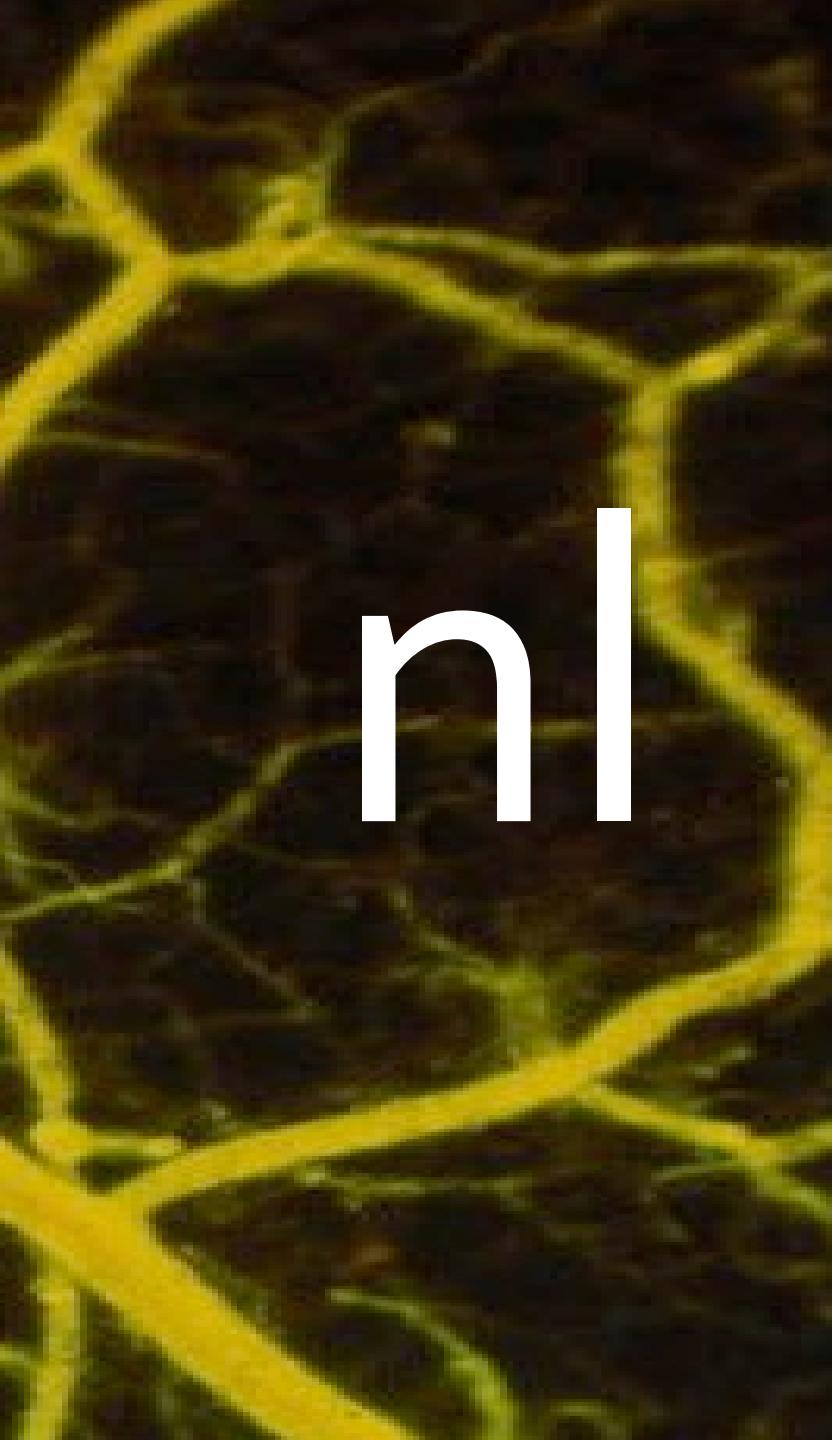
35

56

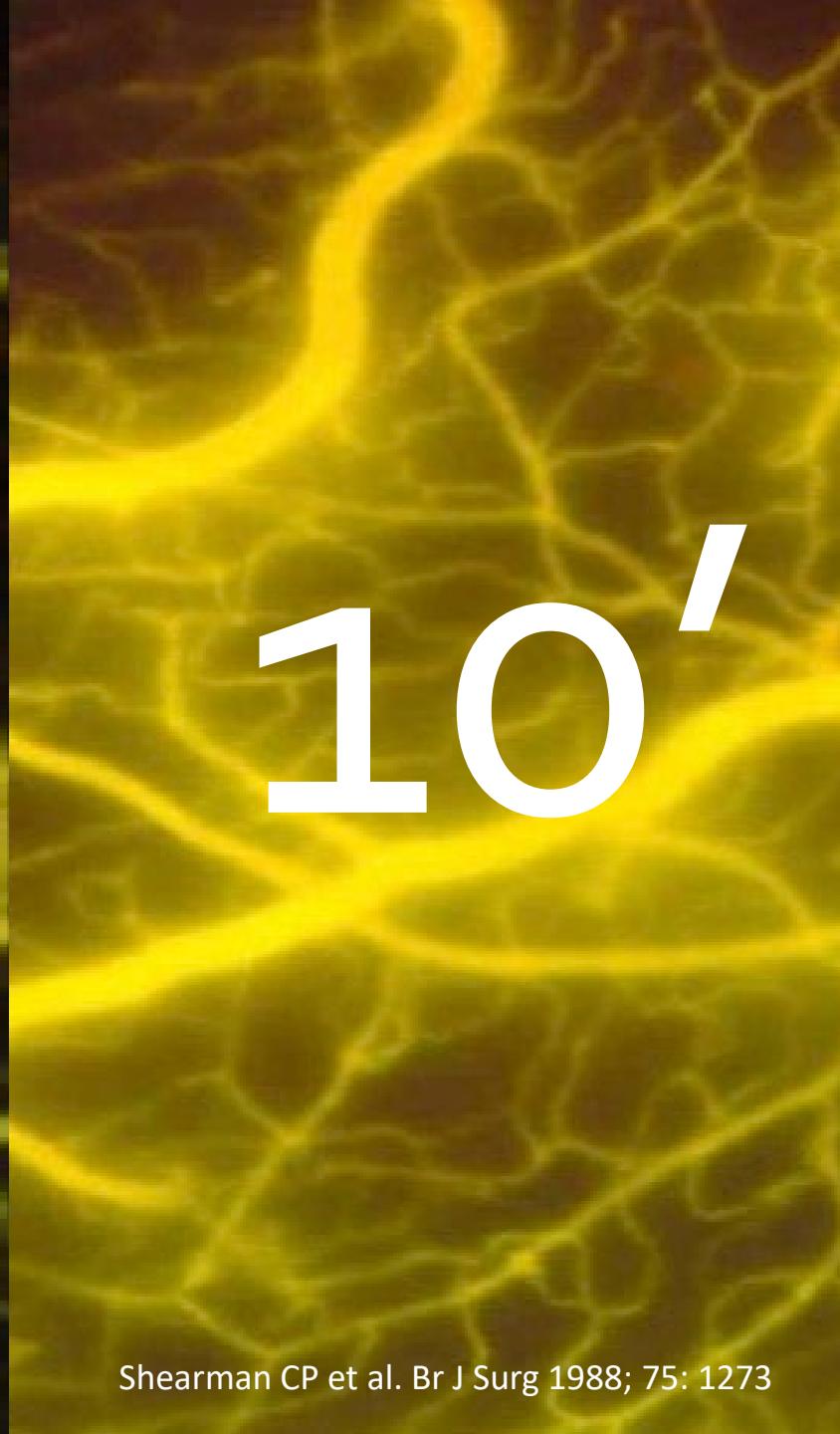
ifad







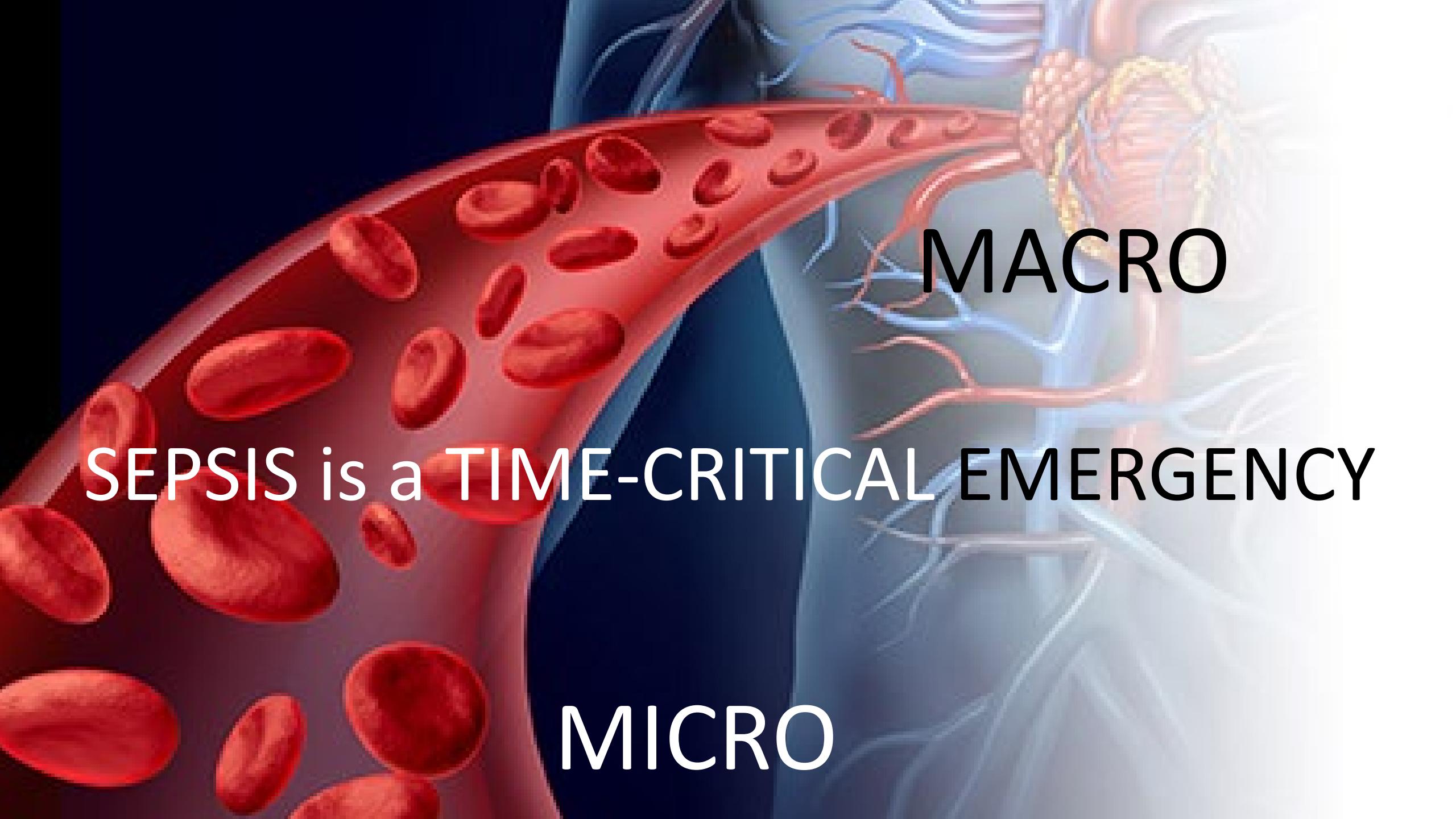
ni



10'



30'



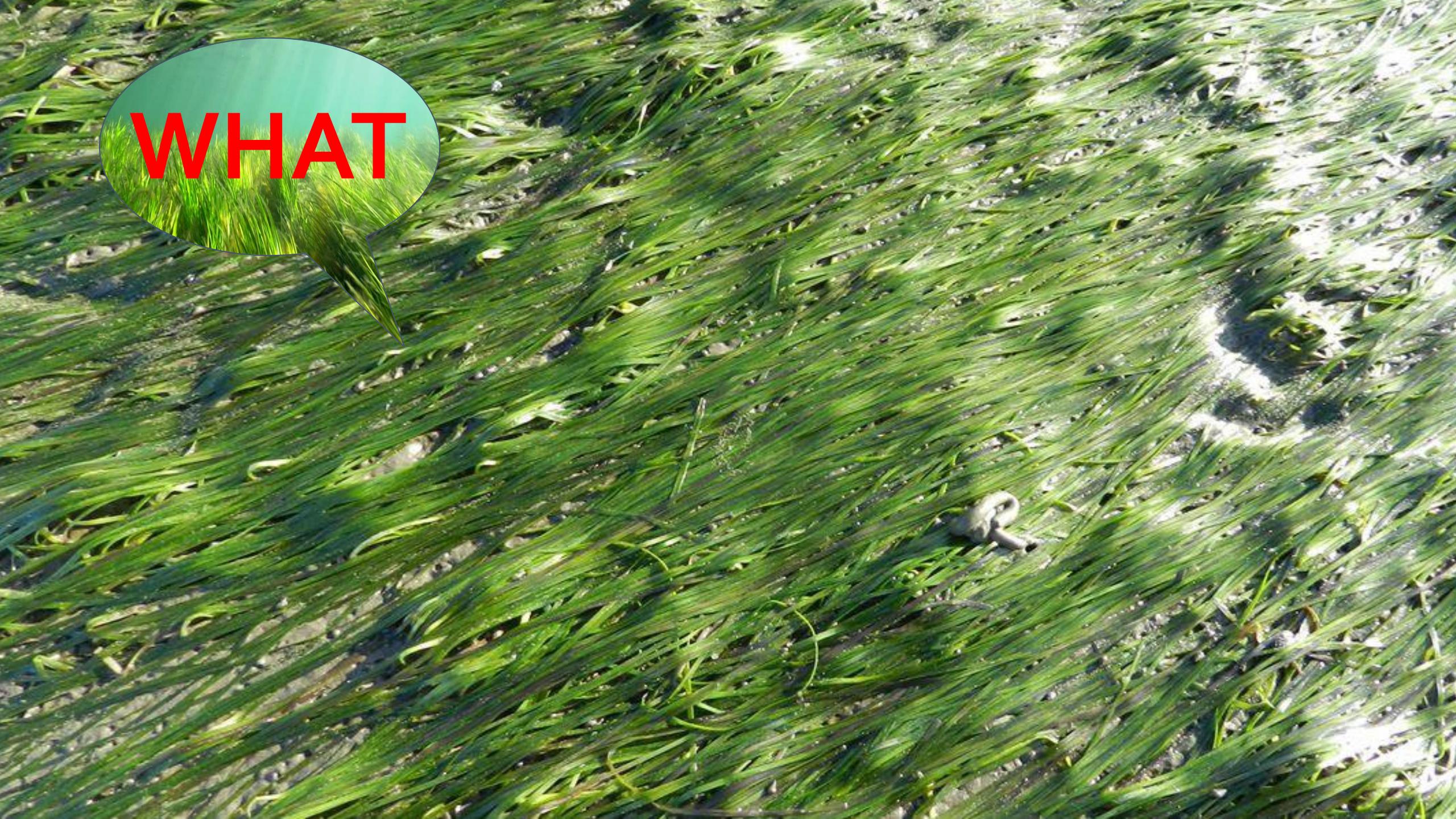
SEPSIS is a TIME-CRITICAL EMERGENCY

MACRO

MICRO



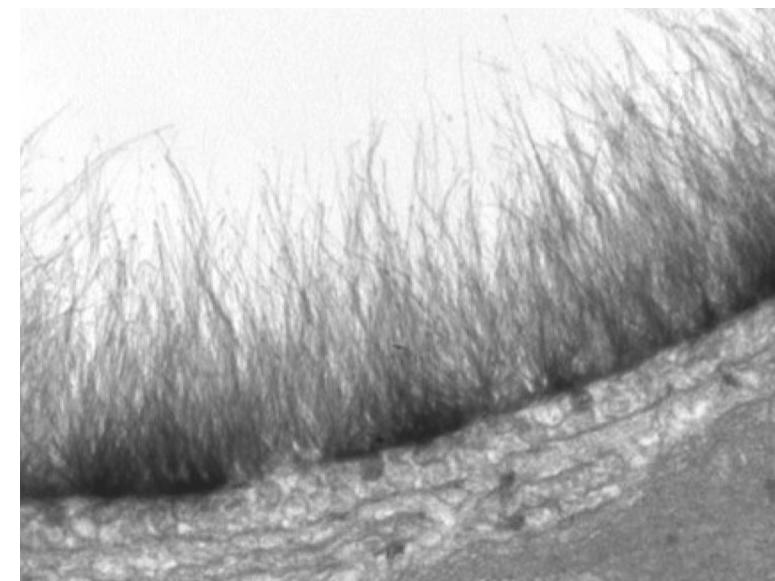
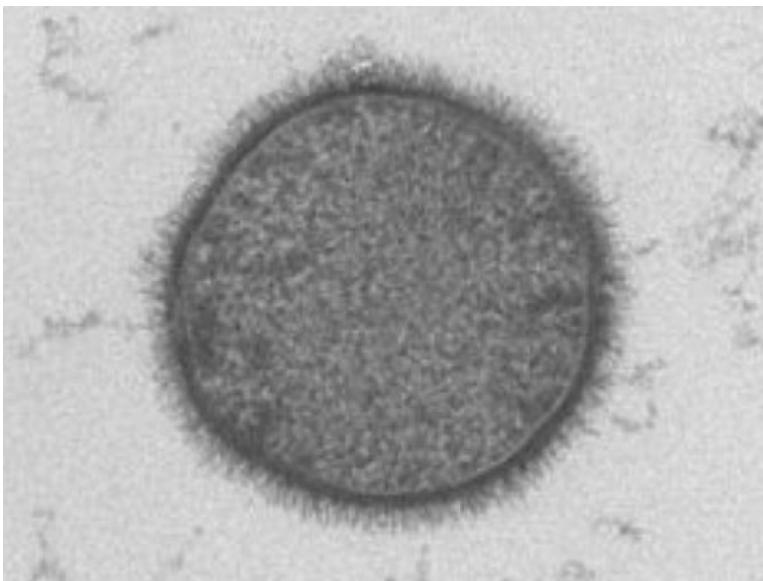
WHAT





Glyco =
sweet

Calix =
husk, shell



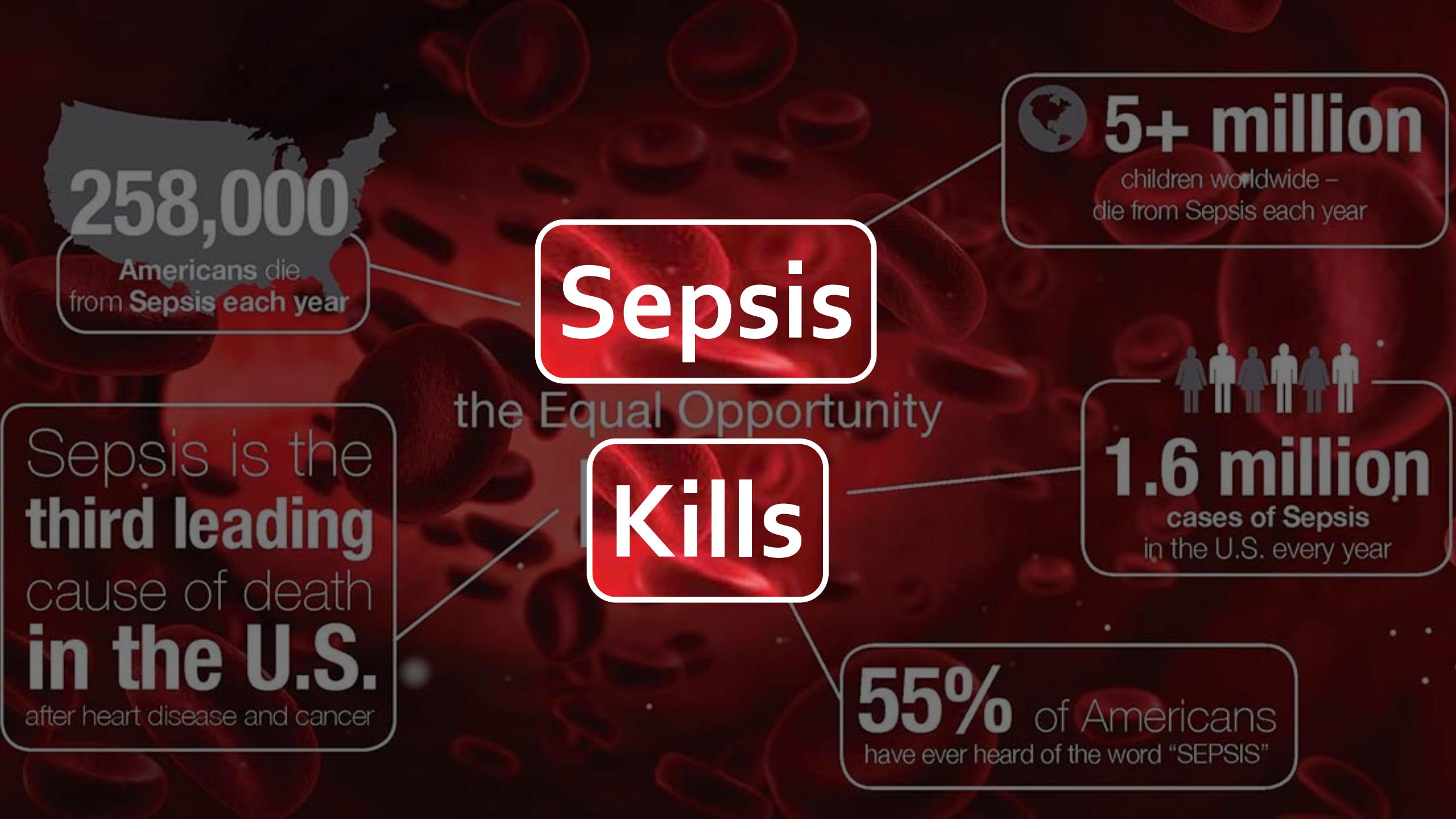
Vascular lumen

Glycocalix

Endothelial cells

Subendothelial

200 nm



258,000
Americans die
from Sepsis each year

Sepsis is the
third leading
cause of death
in the U.S.
after heart disease and cancer

Sepsis the Equal Opportunity Kills



5+ million
children worldwide –
die from Sepsis each year



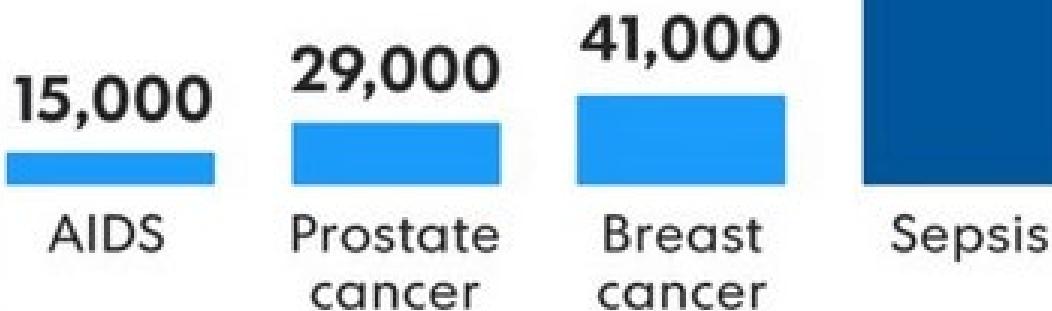
1.6 million
cases of Sepsis
in the U.S. every year

55% of Americans
have ever heard of the word “SEPSIS”

Putting it in perspective

SEPSIS SEVERITY

Sepsis kills more Americans than AIDS, prostate cancer and breast cancer combined. Number of deaths in 2015 caused by:

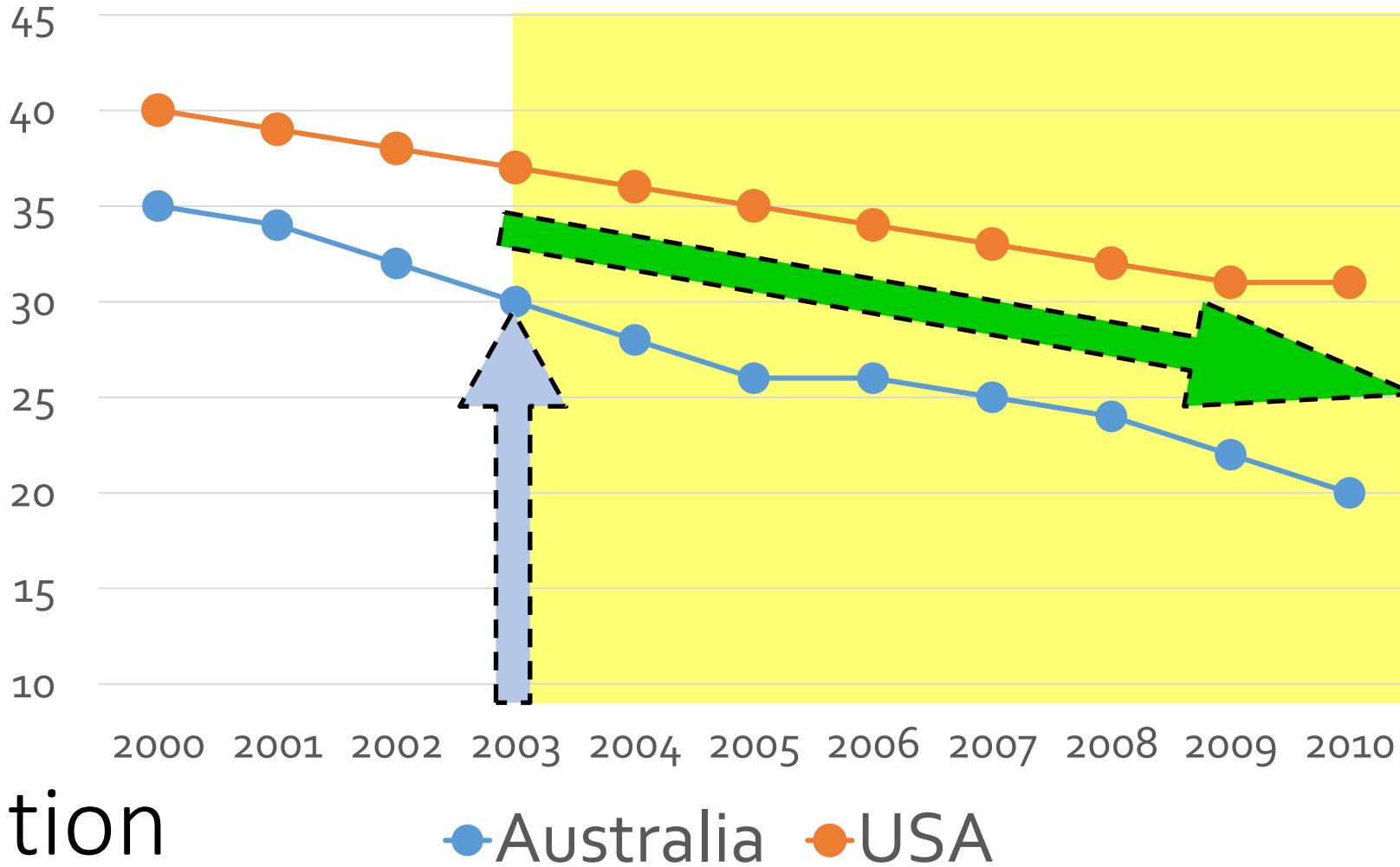


SOURCE Centers for Disease Control and Prevention, National Center for Biotechnology Information

258,000 Sepsis
Kills
MORE
Than
Cancer

Evolution Sepsis Mortality

We
need
better
+early
recognition





5+ million

Dysregulated Host Response

Hypotension
Systolic BP
 <100 mmHg

Altered
Mental
Status

Tachypnea
RR >22 /Min

Score of ≥ 2 Criteria Suggests a Greater Risk of a Poor Outcome

55% of Americans
have ever heard of the word "SEPSIS"





REVIEWS

Initial resuscitation from severe sepsis: one size does not fit all

Jervelden¹, Manu L.N.G. Malbrain²

Intensive Care Med (2021) 47:733–736
<https://doi.org/10.1007/s00134-021-06409-y>

CONFERENCE REPORTS AND EXPERT PANEL

Reducing the global burden of sepsis: a positive legacy for the COVID-19 pandemic?

The European Society of Intensive Care Medicine (ESICM), The Global Sepsis Alliance (GSA)* and The Society of Critical Care Medicine (SCCM)





Sepsis action plan

- 10 punten

10 POINTS



1. INCREASE AWARENESS

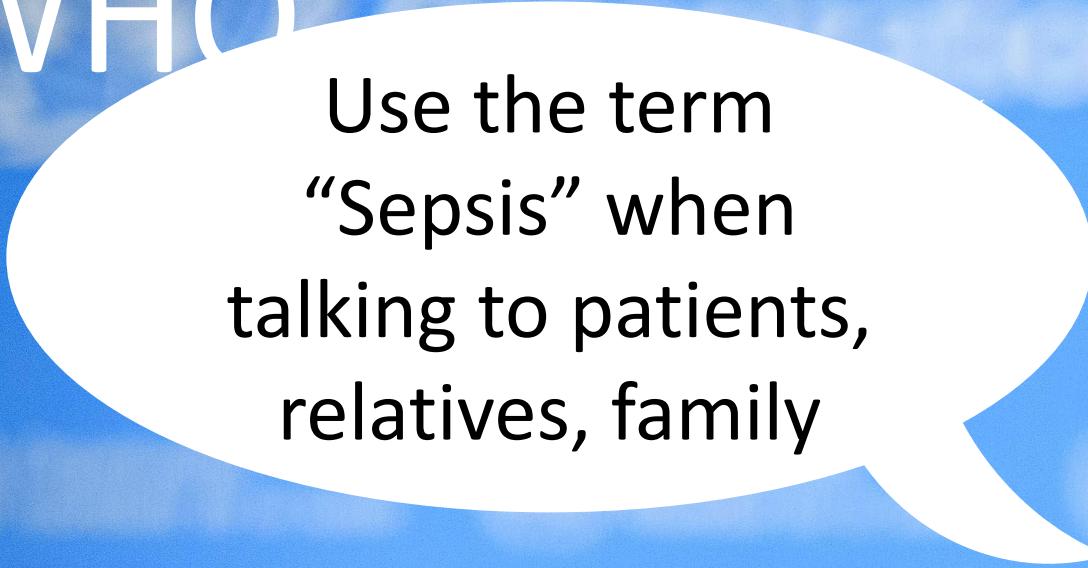
RAISE
AWARENESS

Sepsis and its causes
Signs and symptoms
Toll of death



WHO

Tedros Adhanom Ghebreyesus



Use the term
“Sepsis” when
talking to patients,
relatives, family

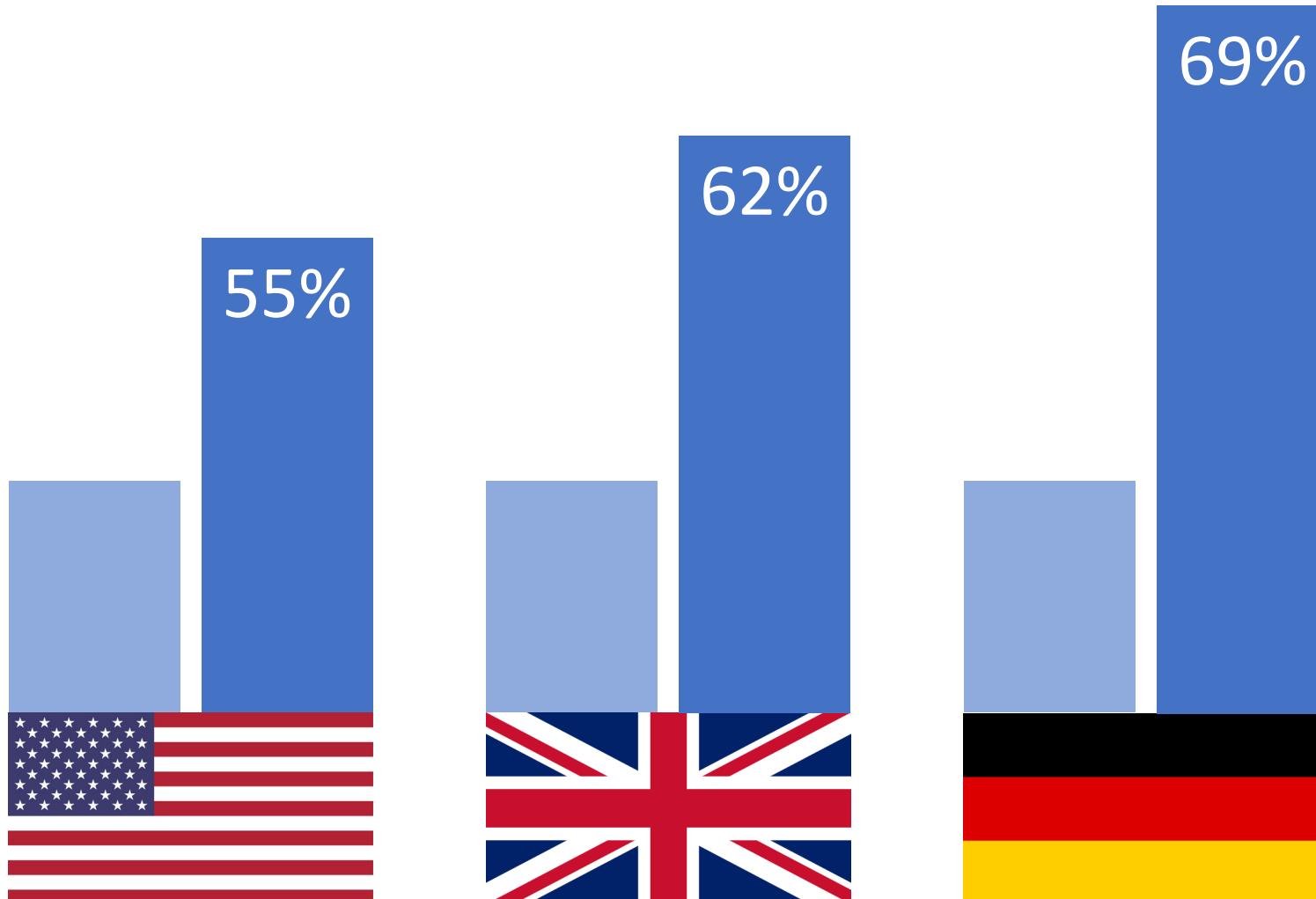




General public

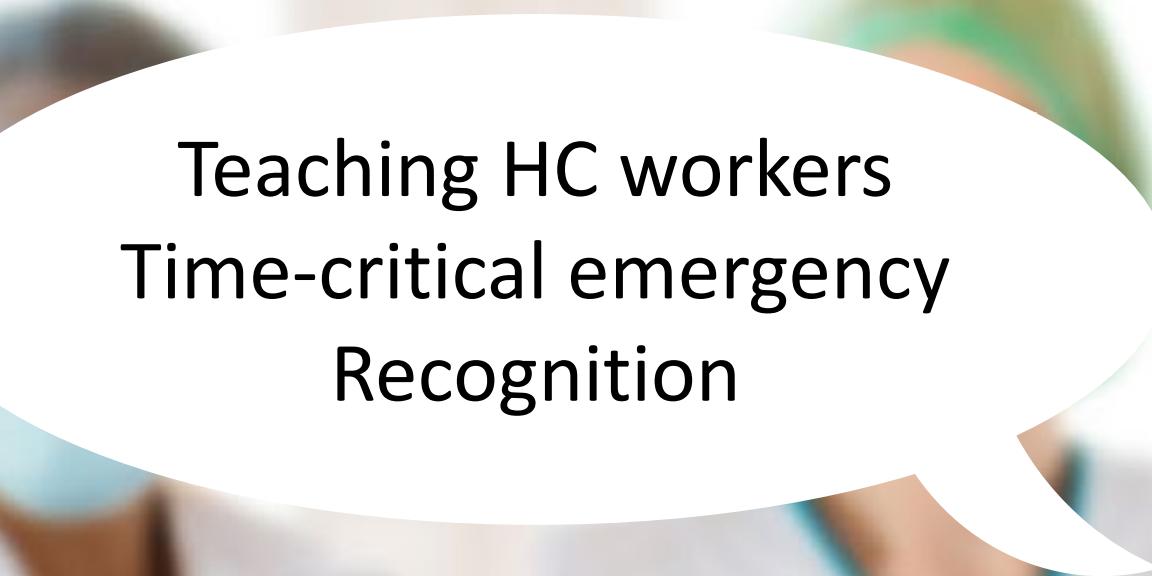


Awareness campaign effect





Healthcare
workers

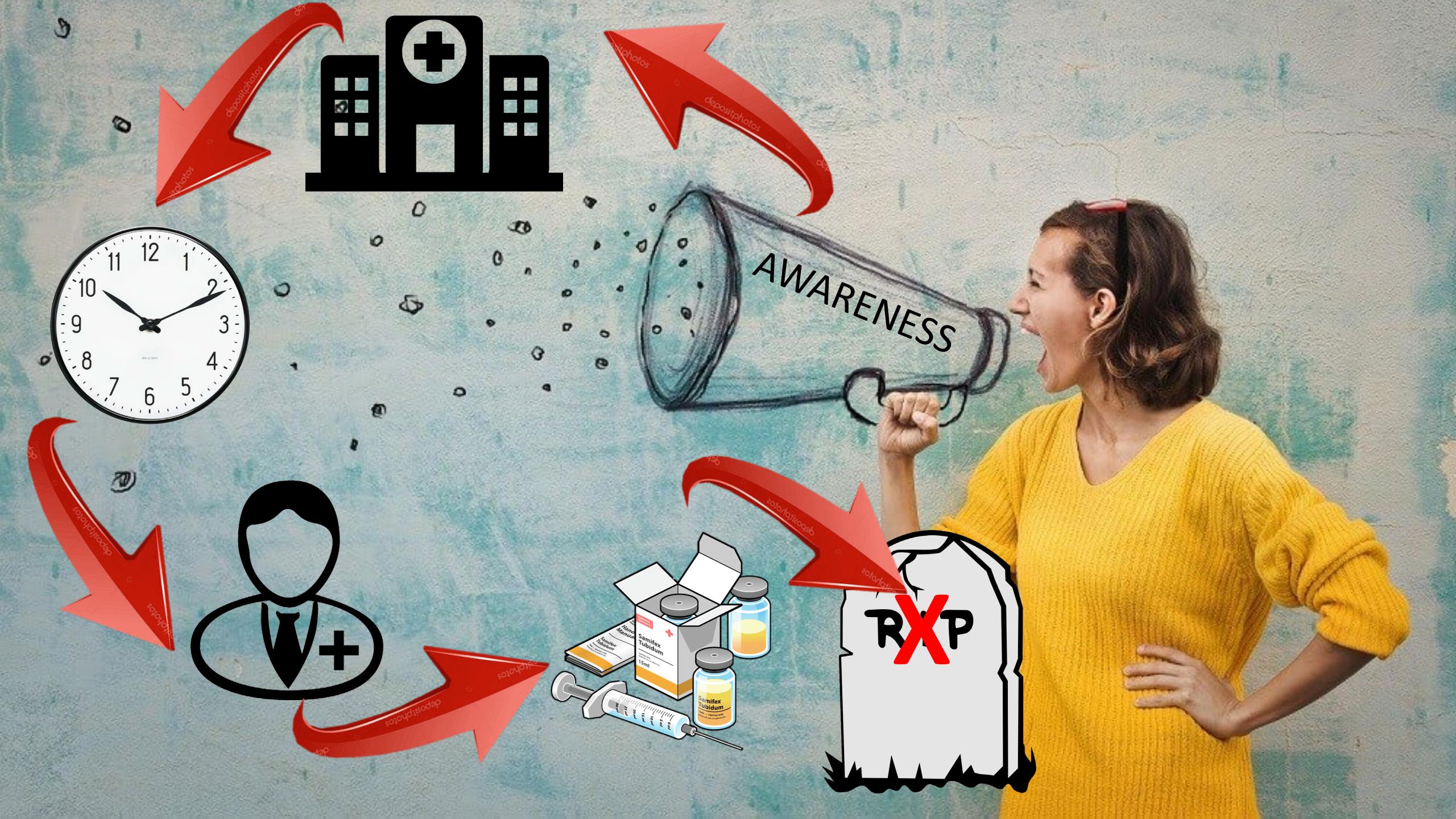
A white, rounded speech bubble shape pointing towards the center-left of the image.

Teaching HC workers
Time-critical emergency
Recognition

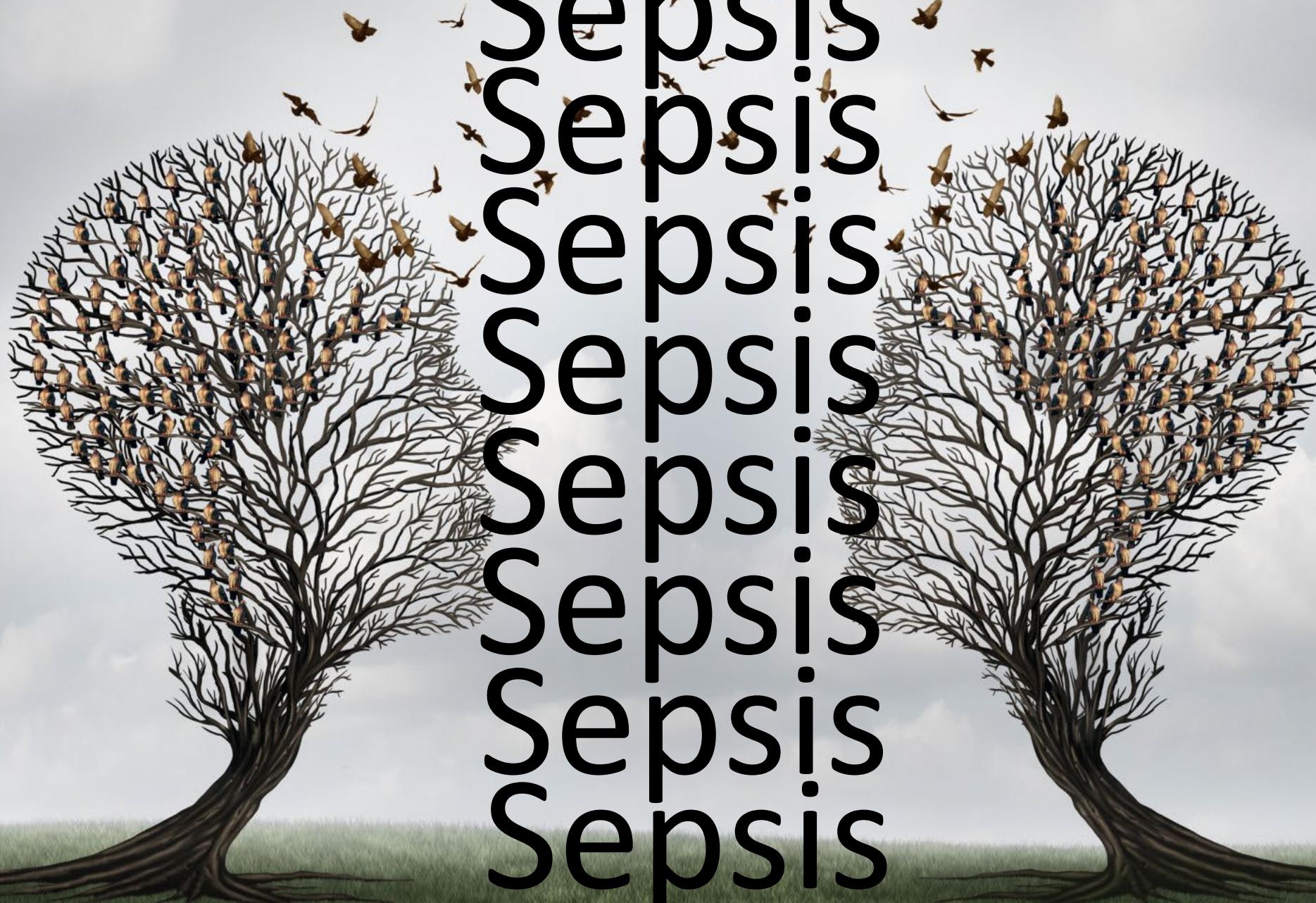




Could this be
Sepsis...?



Sepsis
Sepsis





2. EARLY WARNING

National Early Warning Score (NEWS)*

PHYSIOLOGICAL PARAMETERS	3	2	1	0	1	2	3
Respiration Rate	≤8		9 - 11	12 - 20		21 - 24	≥25
Oxygen Saturation	≤91	92 - 93	94 - 95	≥96			
Any Supplemental Oxygen		Yes		No			
Temperature	≤35.0		35.1 - 36.0	36.1 - 38.0	38.1 - 39.0	≥39.1	≥220
Systolic BP	≤90	91 - 100	101 - 110	111 - 219			≥131
Heart Rate	≤40		41 - 50	51 - 90	91 - 110	111 - 130	V, P, or U
Level of Consciousness				A			

- ✓ Modified Early Warning Score (MEWS)
- ✓ Early Warning Scoring System (EWSS)
- ✓ National Early Warning Score (NEWS)



\$10 million Grand Prize



QUALCOMM
TRICORDER XPRIZE®

EMPOWERING PERSONAL HEALTHCARE.

PHASE Awarded

[GET INVOLVED](#)

CloudDX



Mississauga, ON, Canada

TECHNOLOGY

- raw ECG
- PPG signal
- temperature
- accelerometer



CONTINUOUS MONITORING

- non-invasive blood pressure
- heart rate
- respiration rate
- ECG
- blood oxygen saturation
- body temperature



First FDA approved device for detecting AFib







3. RAPID RESPONSE



rapid response teams
medical emergency teams

DETECTION



INTERPRETATION



COMMUNICATION



INTERVENTION

The image consists of a repeating pattern of the word "Communication". Each word is rendered in a large, bold, black font with a white stroke. The background is a vibrant, abstract collage. It includes various mechanical elements like gears in blue, red, and silver, along with organic shapes resembling leaves or petals in shades of pink, light blue, and white. The overall effect is a high-contrast, modern graphic design.



4. SEPSIS ALERTS

A close-up photograph of a red emergency light, likely a fire alarm or medical alert light, mounted on a wall. The light is illuminated, casting a bright red glow. It is protected by a metal cage. In the background, there are blurred green lights, possibly from other emergency equipment or medical monitors, creating a sense of a busy healthcare environment.

AUTOMATIC TRIAGE
SCREENING (EPD)
FUNDING RRT



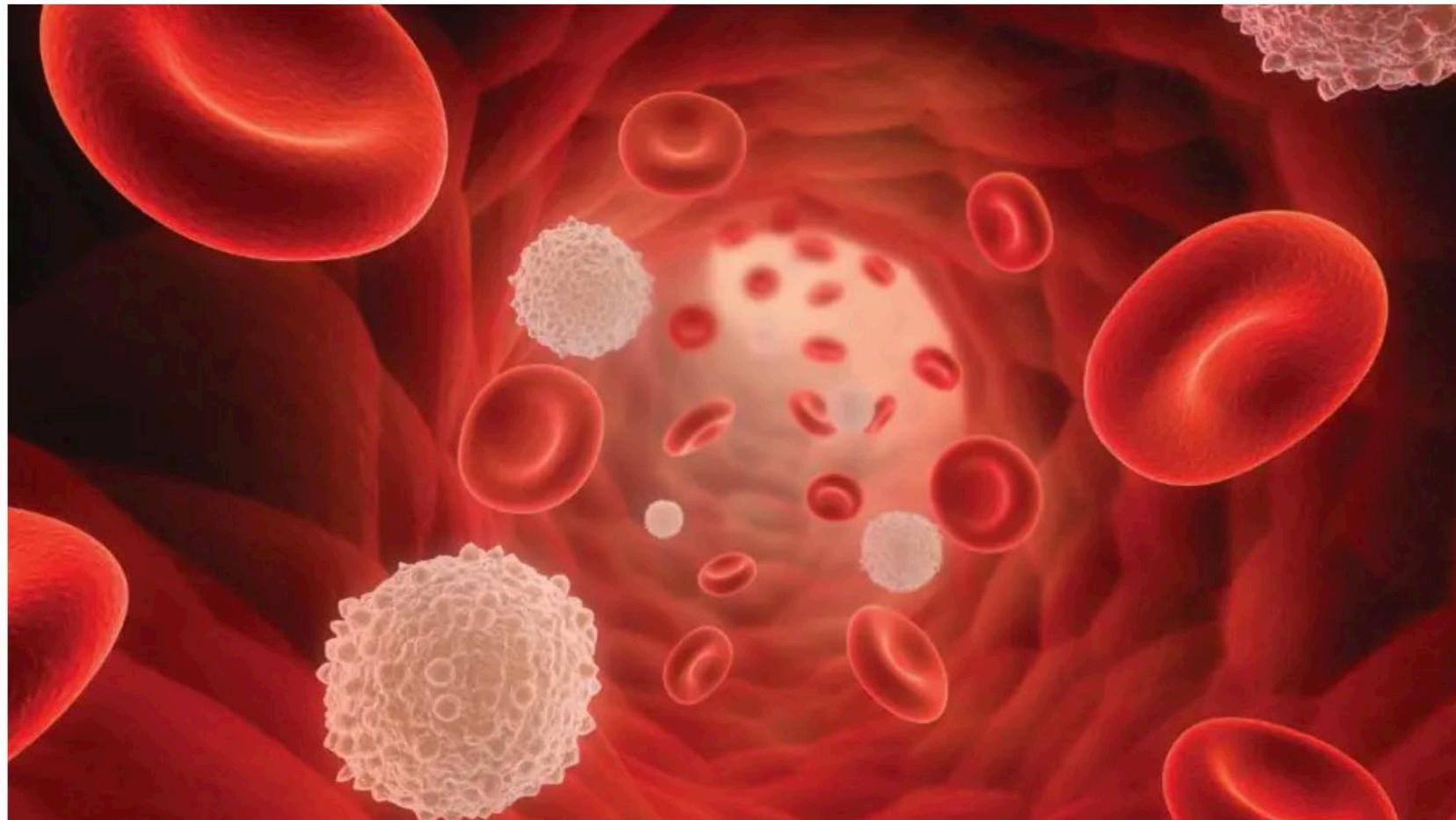
TIME FOR ACTION!

ACTION!



Improving sepsis recognition through use of the Sepsis Trust's community screening tool

02 February 2022 | LONG-TERM CONDITIONS | Edward Baker



01 START THIS CHART IF THE PATIENT IS UNWELL OR HAS ABNORMAL PHYSICAL FINDINGS

RISK FACTORS FOR SEPSIS INCLUDE:

- | | |
|--|--|
| <input type="checkbox"/> Age > 75 | <input type="checkbox"/> Recent trauma |
| <input type="checkbox"/> Impaired immunity (e.g. diabetes, steroids, chemotherapy) | <input type="checkbox"/> Indwelling line |

02 COULD THIS BE DUE TO AN INFECTION?

LIKELY SOURCE:

- | | | | |
|--------------------------------------|-----------------------------------|---|--|
| <input type="checkbox"/> Respiratory | <input type="checkbox"/> Urine | <input type="checkbox"/> Skin / joint / wound | <input type="checkbox"/> Indwelling line |
| <input type="checkbox"/> Brain | <input type="checkbox"/> Surgical | <input type="checkbox"/> Other | |

03 ANY RED FLAG PRESENT?

- Objective evidence of new or altered mental state
- Systolic BP ≤ 90 mmHg (or drop of >40 from normal)
- Heart rate ≥ 130 per minute
- Respiratory rate ≥ 25 per minute
- Needs O₂ to keep SpO₂ ≥ 92% (88% in COPD)
- Non-blanching rash / mottled / ashen / cyanotic
- Recent chemotherapy
- Not passed urine in 18 hours (<0.5ml/kg/hr if catheterised)

R
I
S
K
S
T
U
D
Y

1
2
3

04 ANY AMBER FLAG PRESENT?

IF UNDER 17 & IMMUNITY IMPAIRED TREAT AS RED FLAG SEPSIS

- Relatives concerned about mental status
- Acute deterioration in functional ability
- Immunosuppressed
- Trauma / surgery / procedure in last 8 weeks
- Respiratory rate 21-24
- Systolic BP 91-100 mmHg
- Heart rate 91-130 or new dysrhythmia
- Temperature <36°C
- Clinical signs of wound infection

1
2
3

NO AMBER FLAGS = ROUTINE CARE / CONSULTATION

COMMUNITY NURSING RED FLAG BUNDLES

THIS IS TIME-CRITICAL – IMMEDIATE ACTION REQUIRED:

DIAL 999 AND ARRANGE BLUE LIGHT TRANSFER

ONLINE SPECIAL ARTICLE

Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock 2021

KEY WORDS: adults; evidence-based medicine; guidelines; sepsis; septic shock

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John Centofanti²³

Angel Coz Yataco²⁴

Jan De Waele²⁵

R. Phillip Dellinger²⁶

INTRODUCTION

Sepsis is life-threatening organ dysfunction caused by a dysregulated host response to infection (1). Sepsis and septic shock are major healthcare problems, impacting millions of people around the world each year and killing between one in three and one in six of those it affects (2–4). Early identification and appropriate management in the initial hours after the development of sepsis improve outcomes.

The recommendations in this document are intended to provide guidance for the clinician caring for adult patients with sepsis or septic shock in the hospital setting. Recommendations from these guidelines cannot replace the clinician's decision-making capability when presented with a unique patient's clinical variables. These guidelines are intended to reflect best practice (Table 1).

(References 5–24 are referred to in the Methodology section which can be accessed at Supplemental Digital Content: Methodology.)

SCREENING AND EARLY TREATMENT

Recommendation

- For hospitals and health systems, we **recommend** using a performance improvement program for sepsis, including sepsis screening for acutely ill, high-risk patients and standard operating procedures for treatment.

Strong recommendation, moderate quality of evidence for screening.

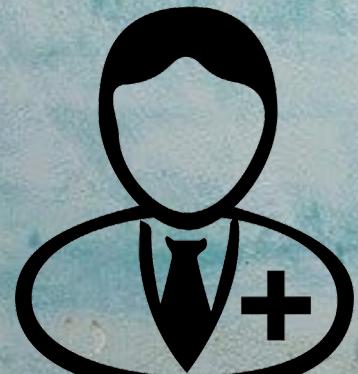
Strong recommendation, very low-quality evidence for standard operating procedures.



4. SEPSIS ALERTS



Early warning score



Rapid Response Team



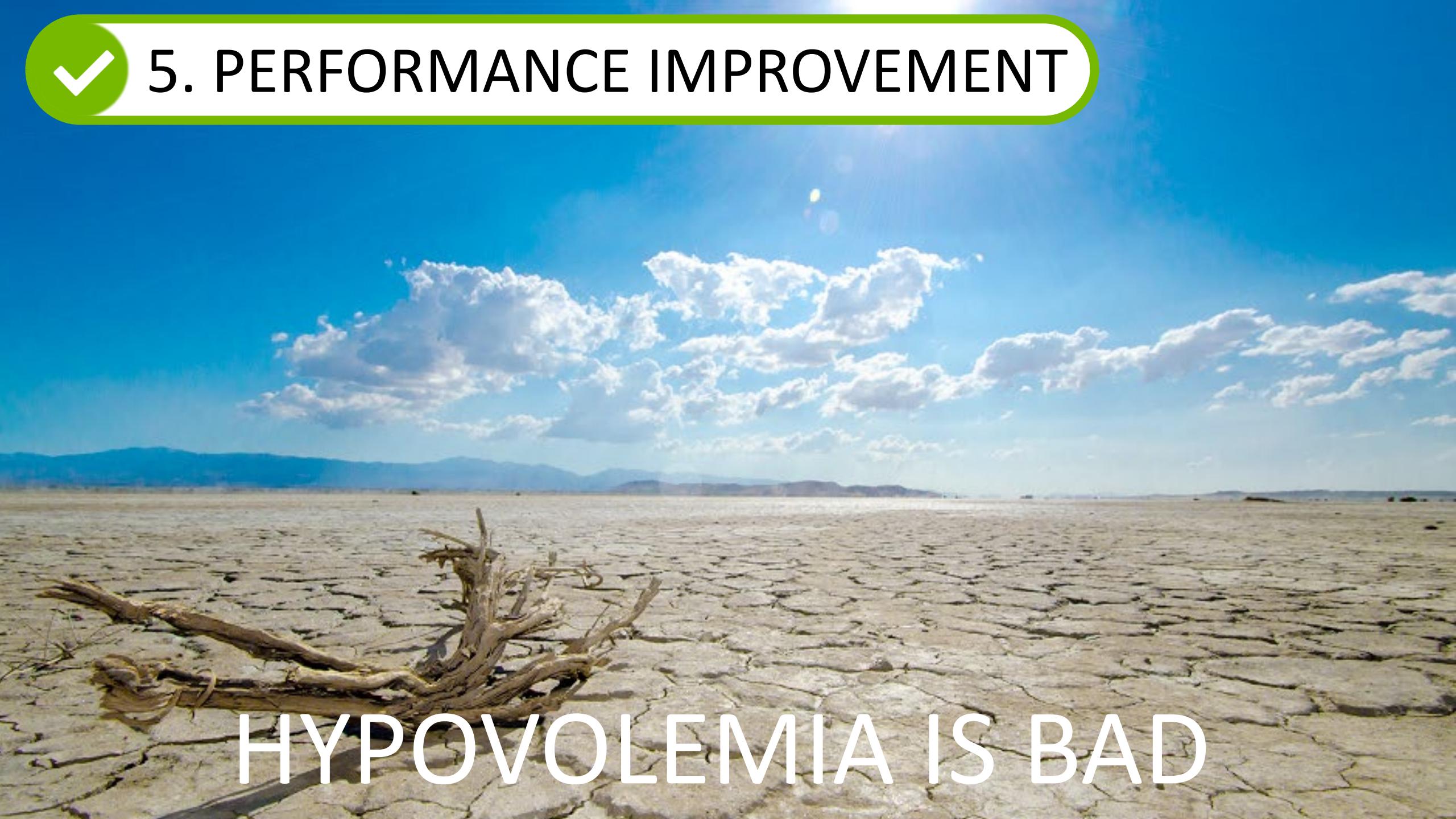
SCREENING

RXP
-6%

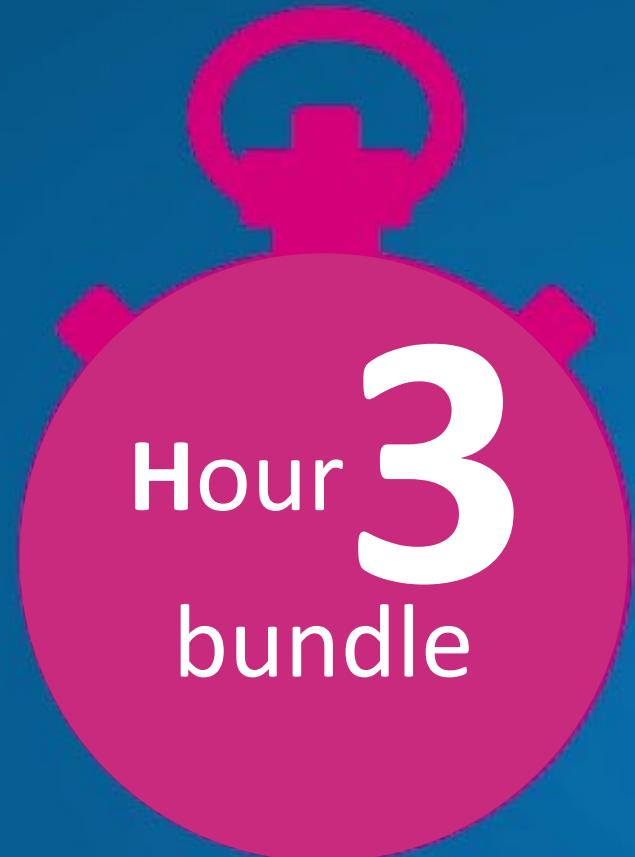




5. PERFORMANCE IMPROVEMENT



HYPOVOLEMIA IS BAD



Initial resuscitation for sepsis and septic shock (begin immediately)

- 1 Measure lactate level*
- 2 Obtain blood cultures before administering antibiotics
- 3 Administer broad-spectrum antibiotics
- 4 Begin to rapidly administer 30mL/kg crystalloid for hypotension or lactate ≥ 4 mmol/L



5. PERFORMANCE IMPROVEMENT



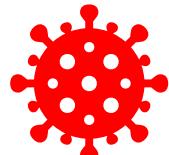
90 min door to needle



4.5 hr door to needle



30 min door to CT



1 hr door to antibiotic

MALIGNANT CHOLERA.

DOCUMENTS

COMMUNICATED BY THE

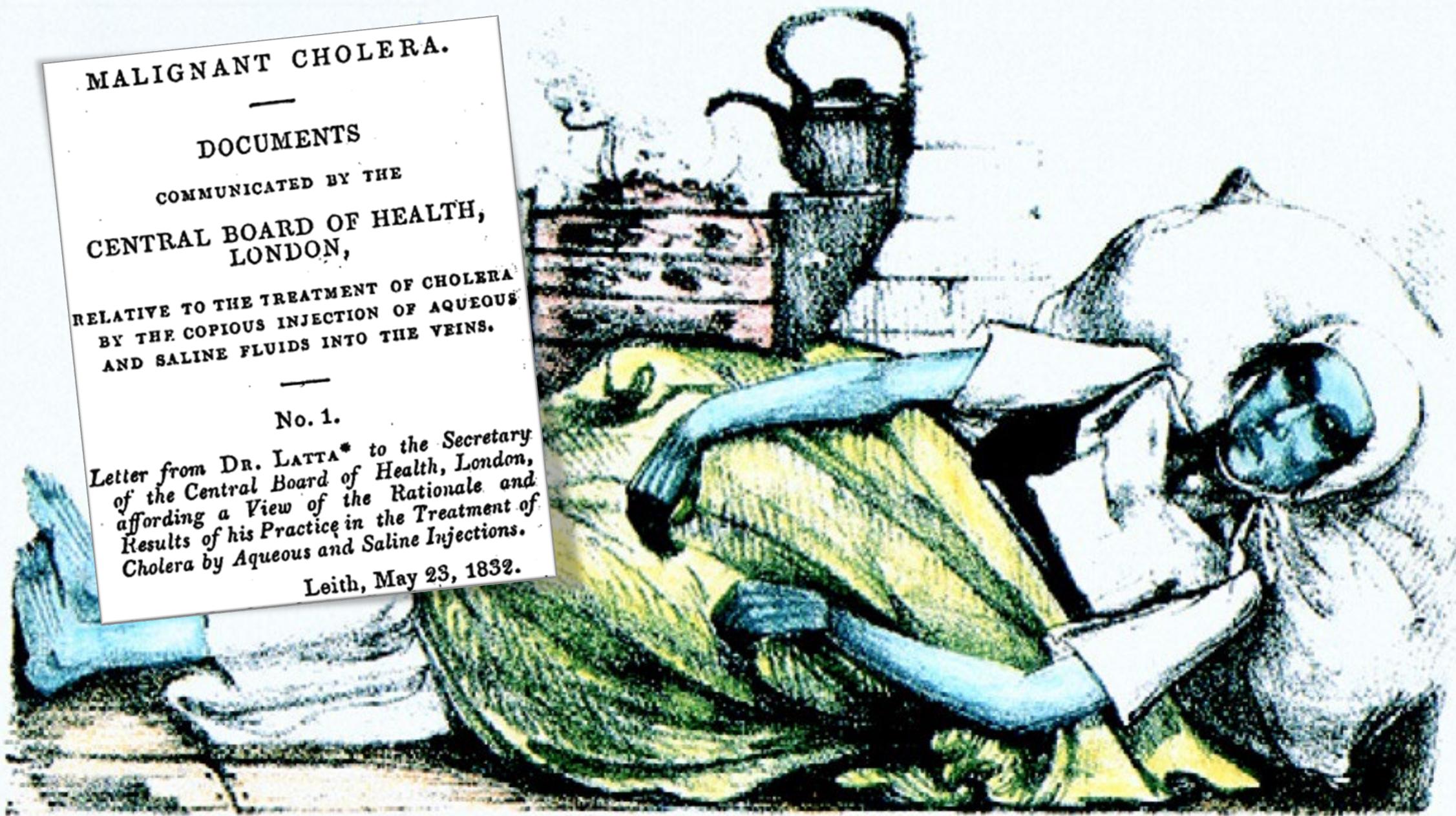
CENTRAL BOARD OF HEALTH,
LONDON,

RELATIVE TO THE TREATMENT OF CHOLERA
BY THE COPIOUS INJECTION OF AQUEOUS
AND SALINE FLUIDS INTO THE VEINS.

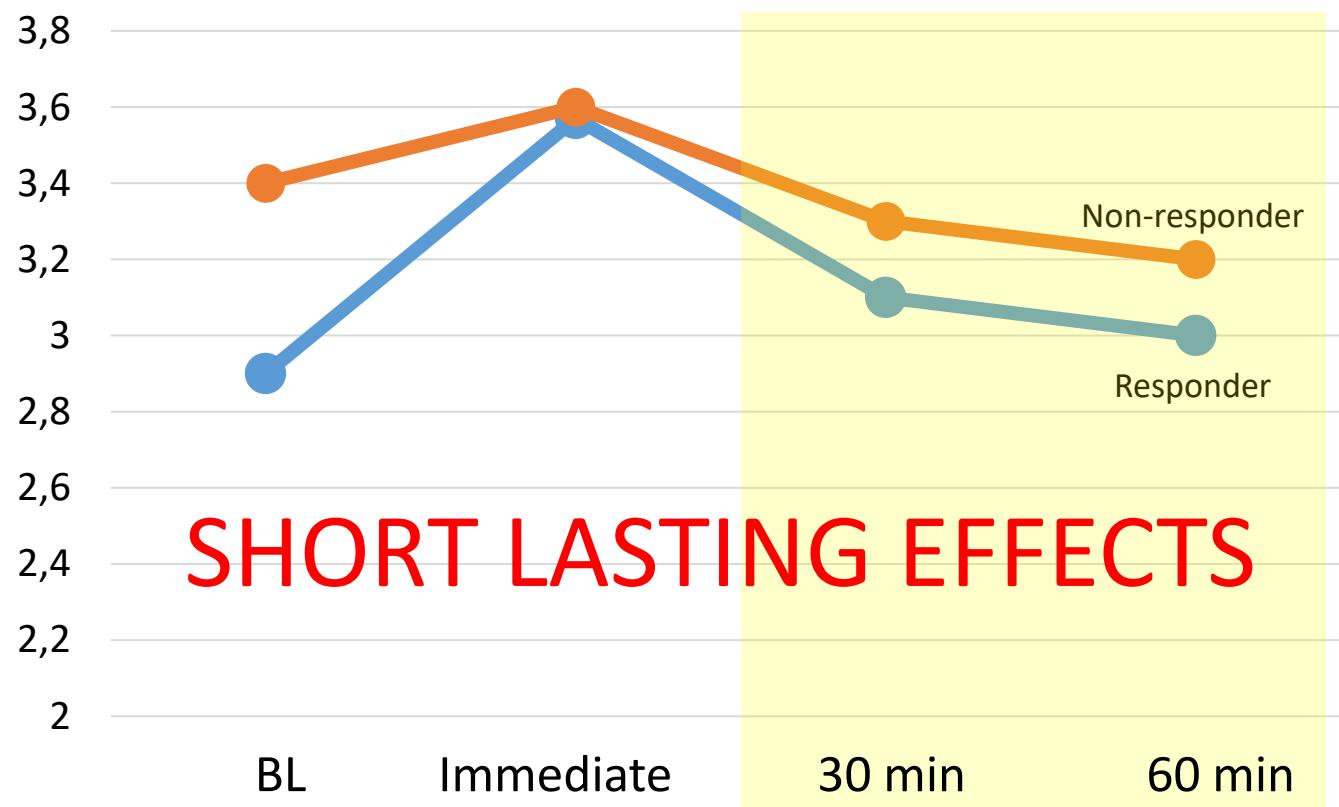
No. 1.

Letter from DR. LATTA* to the Secretary
of the Central Board of Health, London,
affording a View of the Rationale and
Results of his Practice in the Treatment of
Cholera by Aqueous and Saline Injections.

Leith, May 23, 1832.

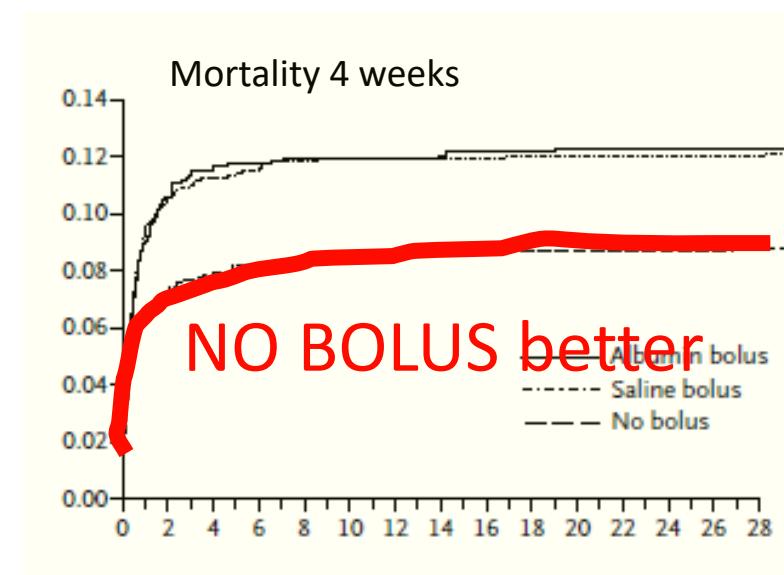
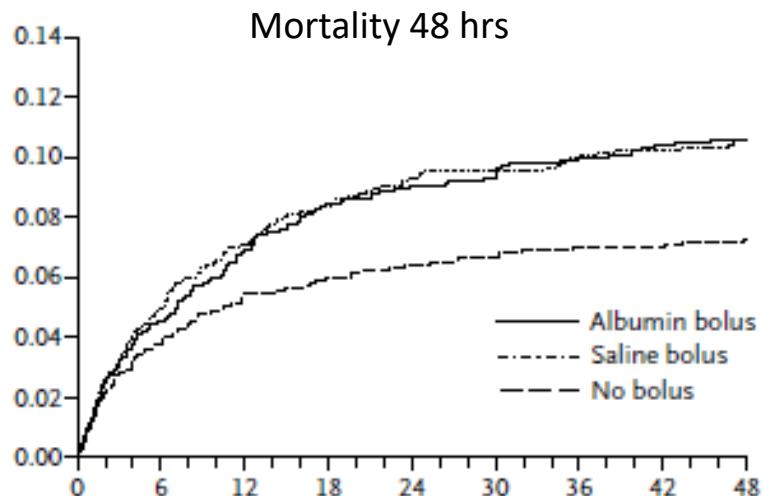


Change in Cardiac Index (l/min)



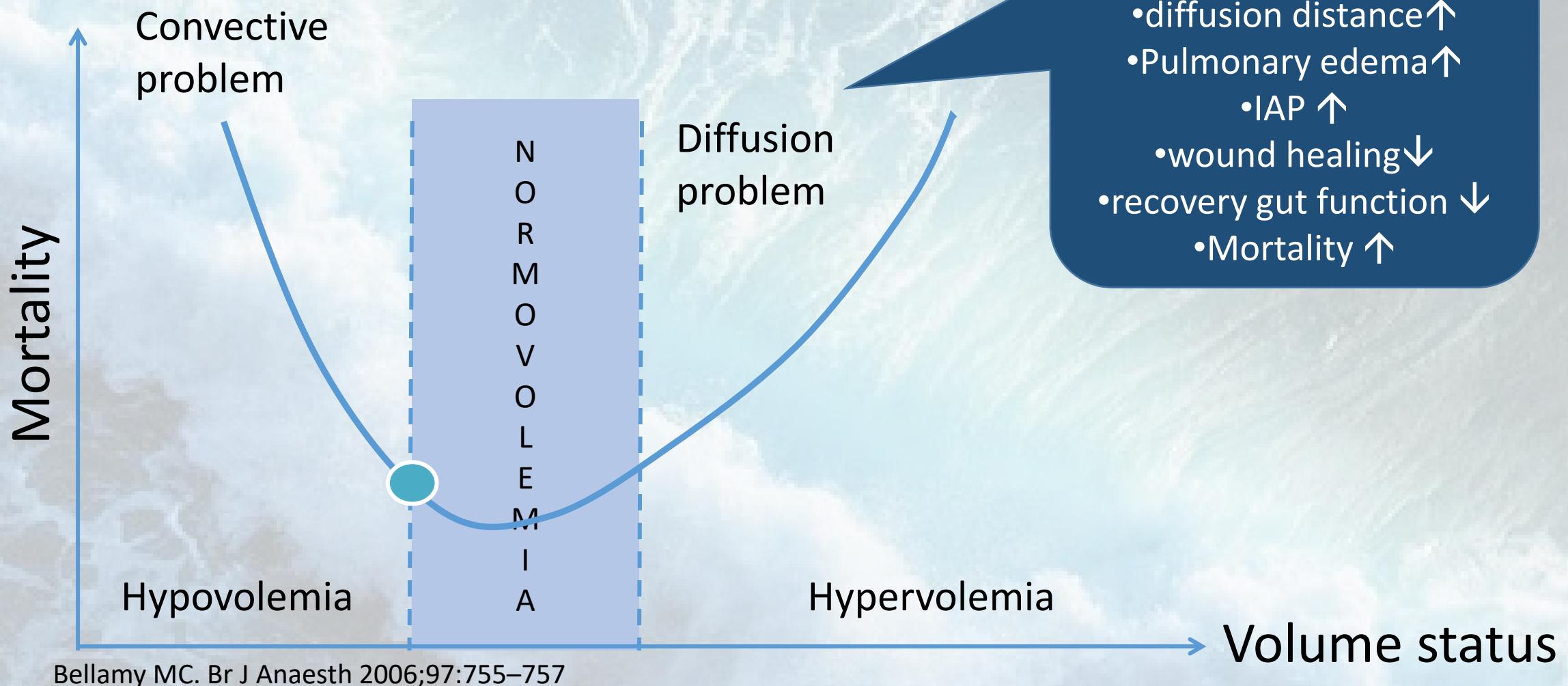
ORIGINAL ARTICLE

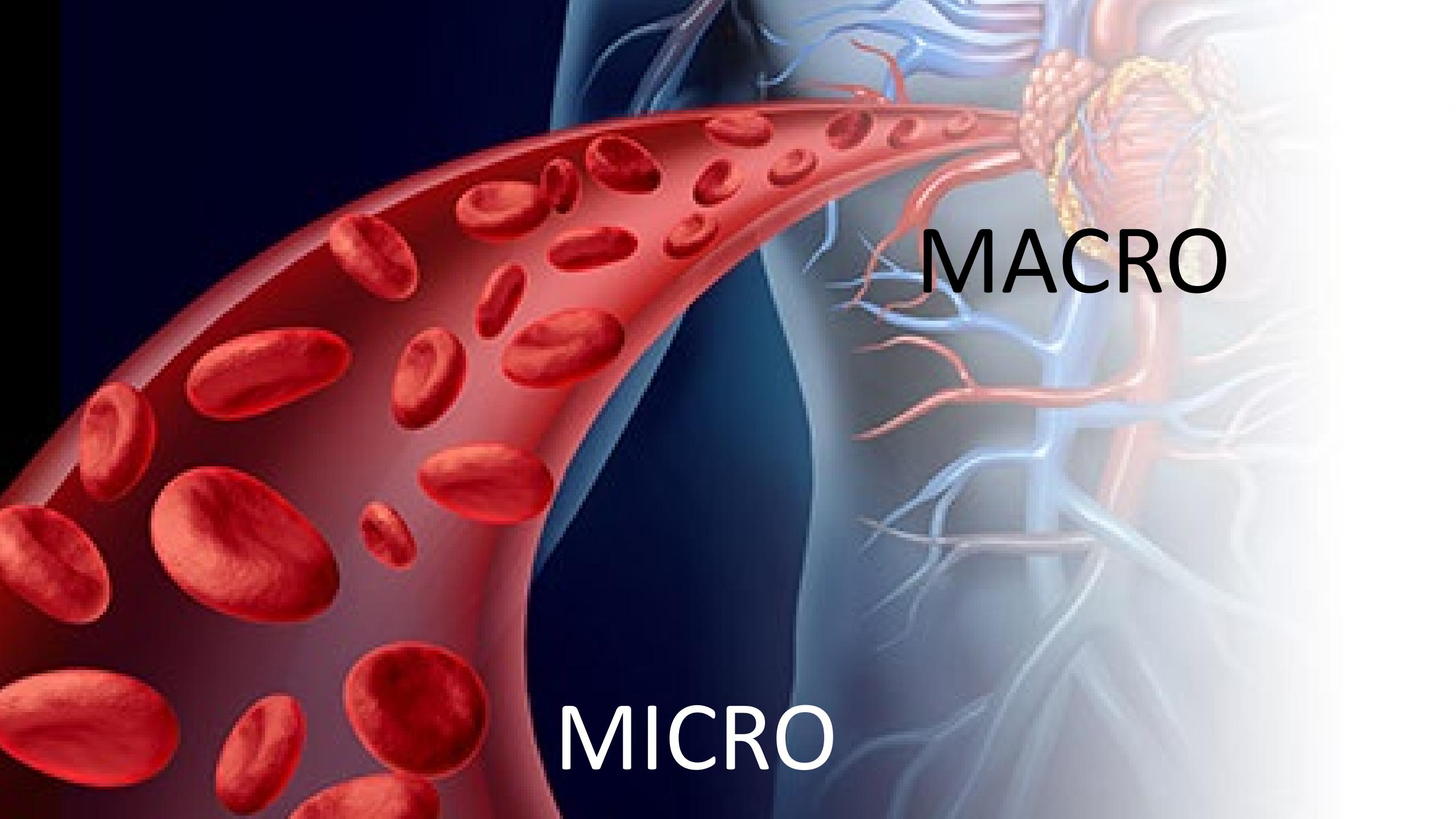
Mortality after Fluid Bolus in African Children with Severe Infection



Maitland K, et al. NEJM 2011; 364:2483

HYPERVOLEMIA IS EVEN WORSE



A detailed 3D rendering of a blood vessel's interior. Red blood cells are shown as small, biconcave discs moving through the vessel. The vessel wall is composed of a thin layer of endothelial cells. Outside the vessel, there is a network of smaller capillaries and a layer of connective tissue with yellowish fibers.

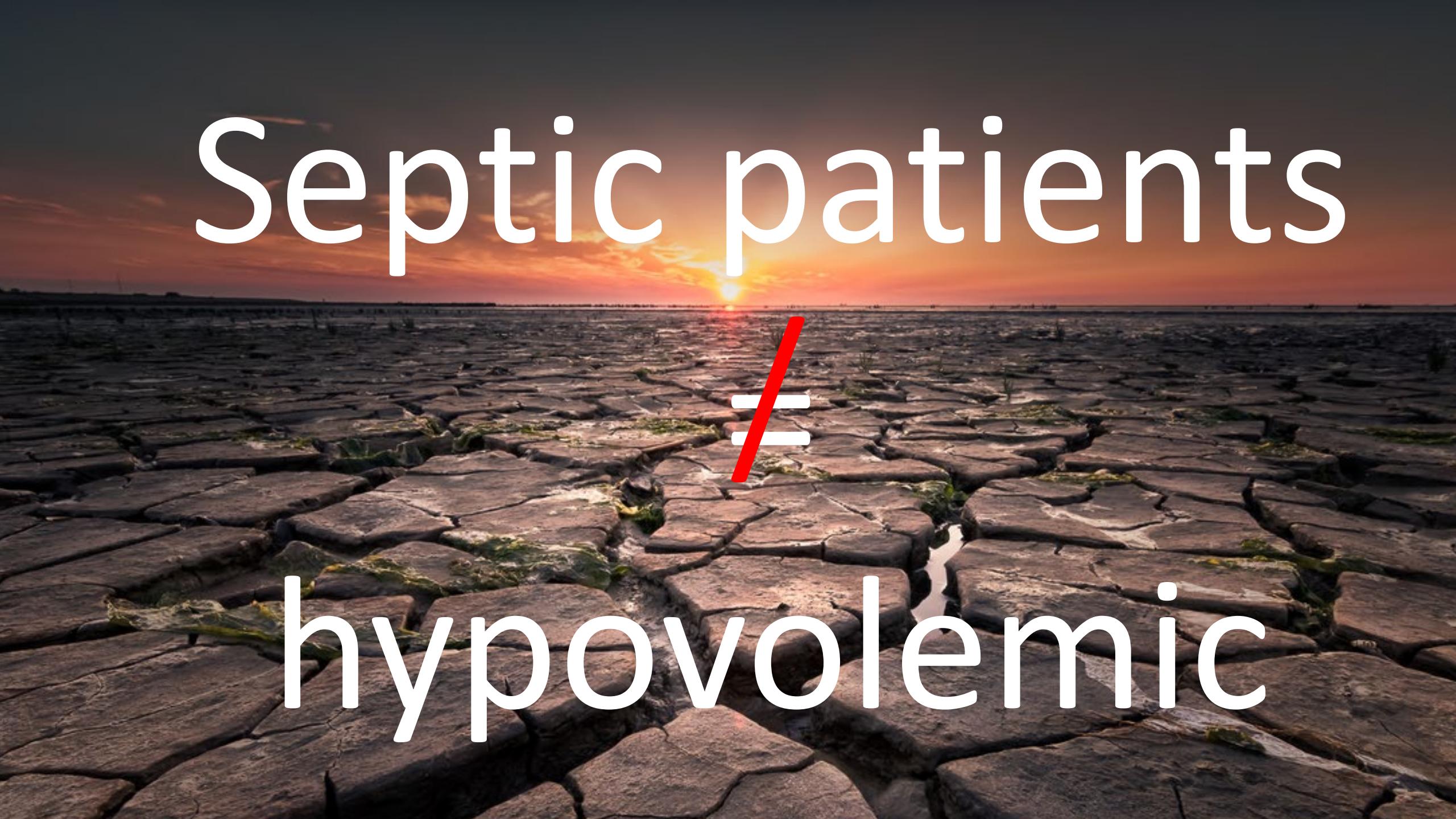
MACRO

MICRO

fluid
status . matters

Myths and Misunderstanding



A photograph of a sunset over a rocky beach. The sky is filled with orange and yellow hues, transitioning to a darker blue at the top. The sun is low on the horizon, casting a warm glow. In the foreground, there's a field of dark, rectangular stones or tiles. A large, white, sans-serif font is overlaid on the image. The word "Septic patients" is positioned at the top, and "hypovolemic" is at the bottom. A large red diagonal slash is centered between the two lines of text.

Septic patients

hypovolemic



Sepsis

≠

Insensible loss



Edema



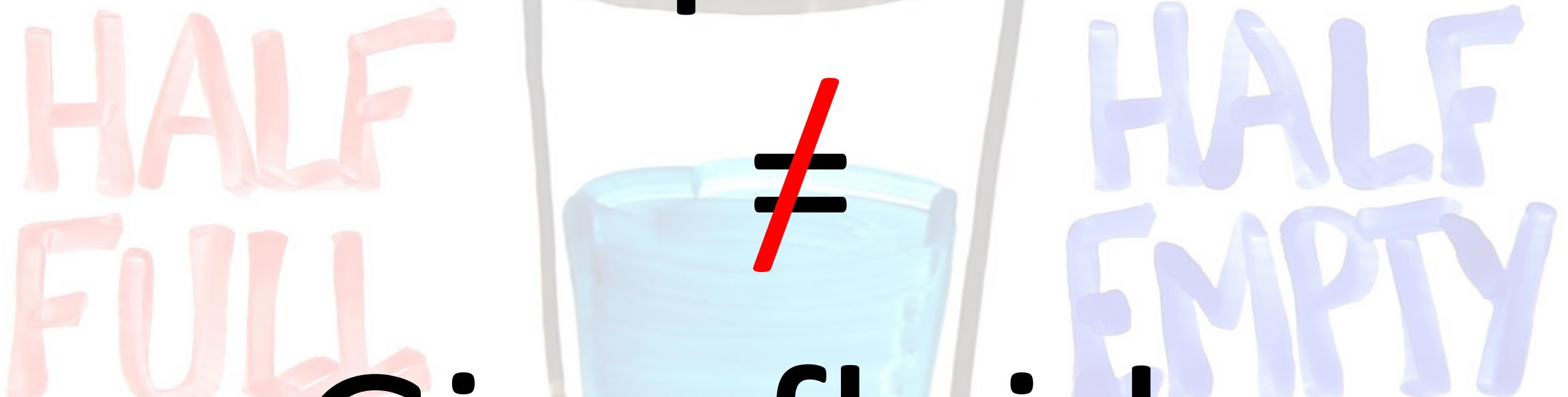
Give diuretics

HALF
FULL



HALF
EMPTY

Low preload



Give fluids

SEPSIS

THEY'RE
VASOPLEGIC NOT
HYPOVOLAEMIC



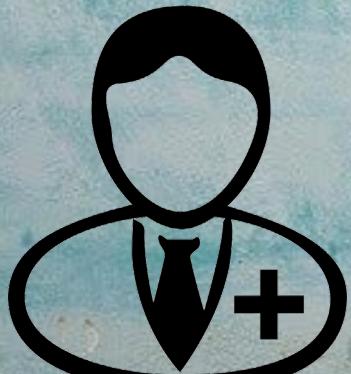
Initial resuscitation for sepsis and septic shock (begin immediately)

- 1 Measure lactate level*
- 2 Obtain blood cultures before administering antibiotics
- 3 Administer broad-spectrum antibiotics
- 4 Begin to rapidly administer 30mL/kg crystalloid for hypotension or lactate ≥ 4 mmol/L
- 5 Apply vasopressors if patient is hypotensive during or after fluid resuscitation to maintain MAP ≥ 65 mm Hg

Sepsis **performance** improvement programs



Care bundles

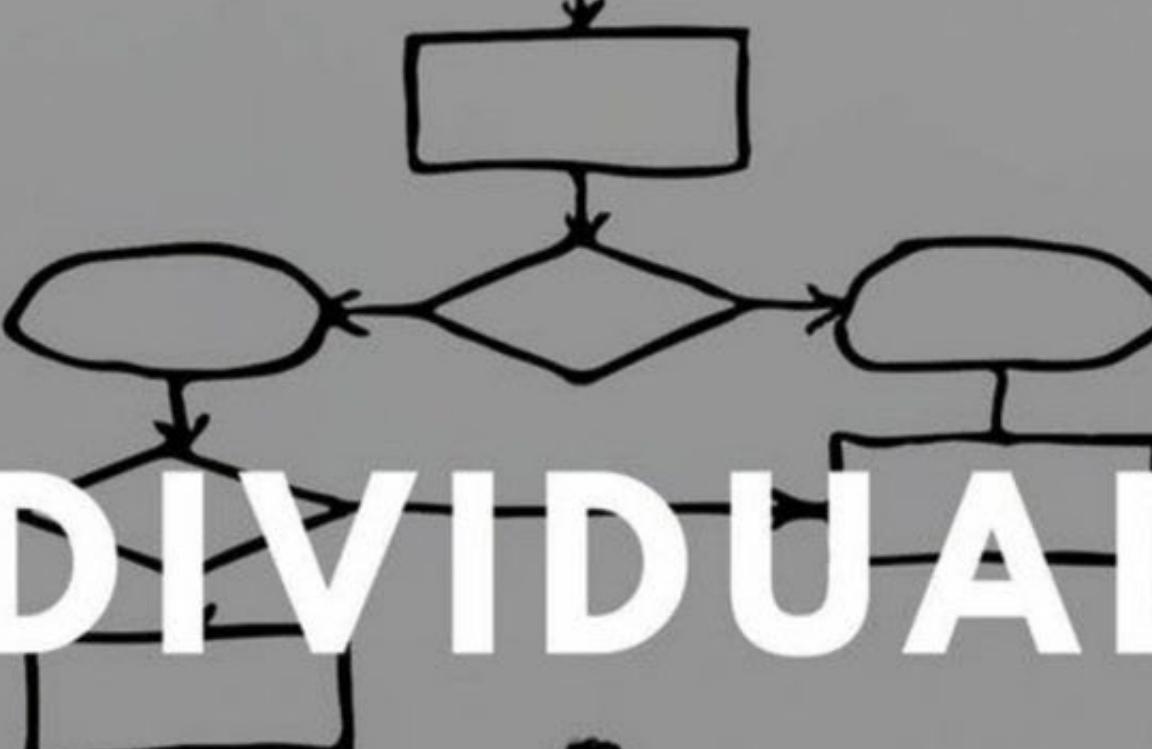


Compliance



PERFORMANCE





INDIVIDUALISE

STANDARDISE
UNTIL YOU NEED
TO IMPROVISE





Education
Education
Education
Education
Education
Education
Education
Education
Education
Education



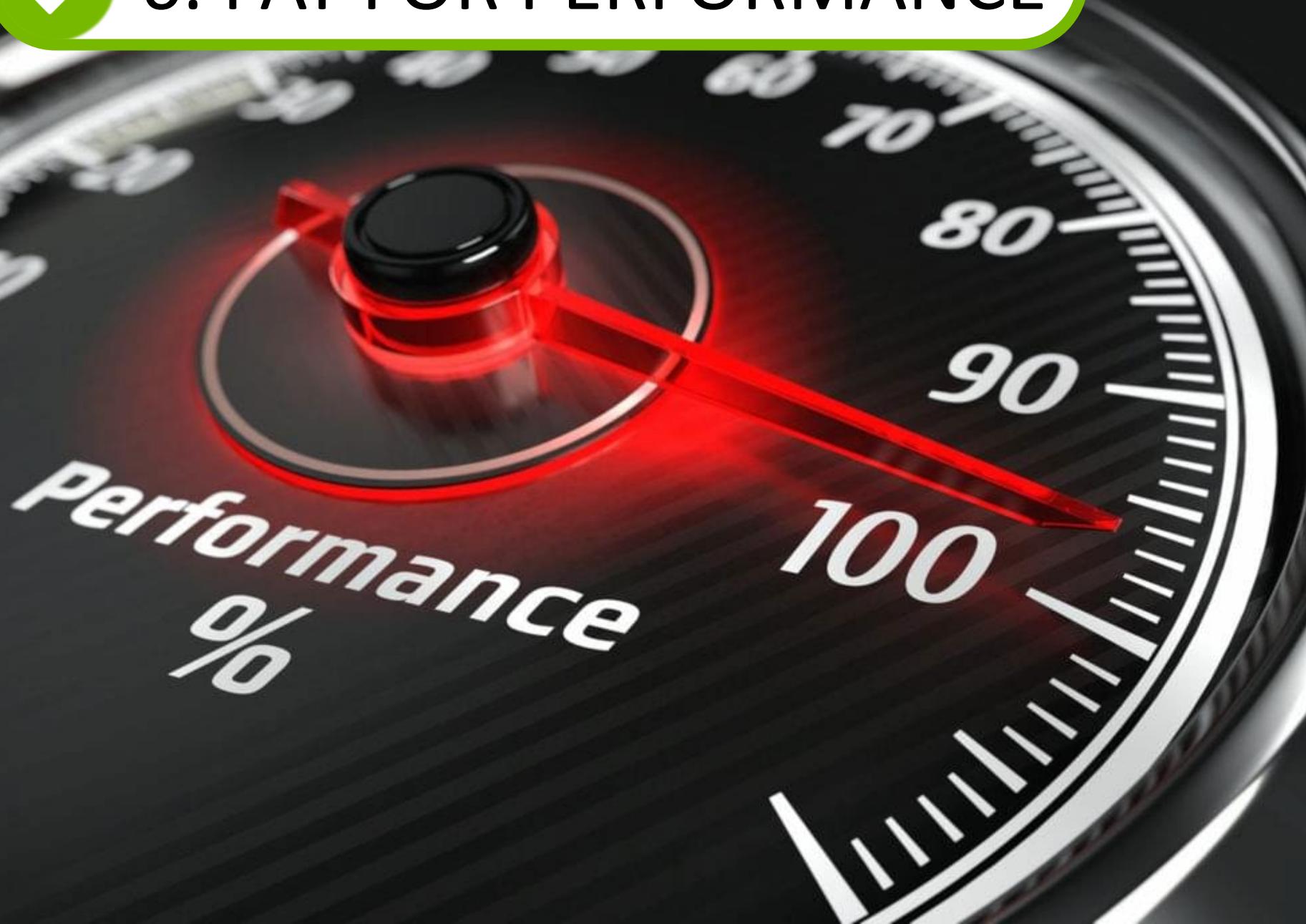


6. PAY FOR PERFORMANCE





6. PAY FOR PERFORMANCE



FENOTYPE



NO ONE SIZE



PERFORMANCE

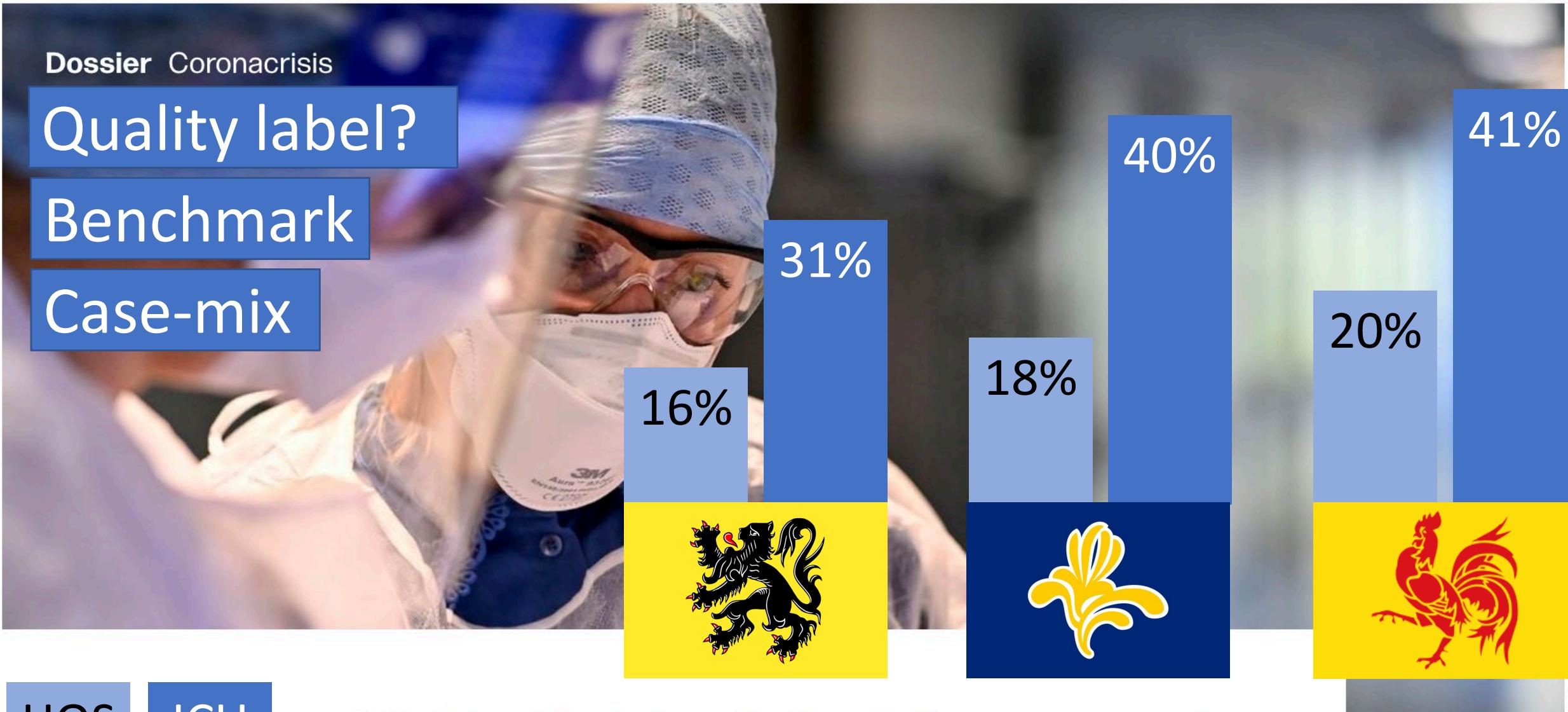


OUTCOME

Quality label?

Benchmark

Case-mix



HOS

ICU

**Niet in elk ziekenhuis vielen evenveel coronadoden, hoe komt dat?
"Onderzoek dringt zich op"**



7. SEPSIS STEWARDSHIP



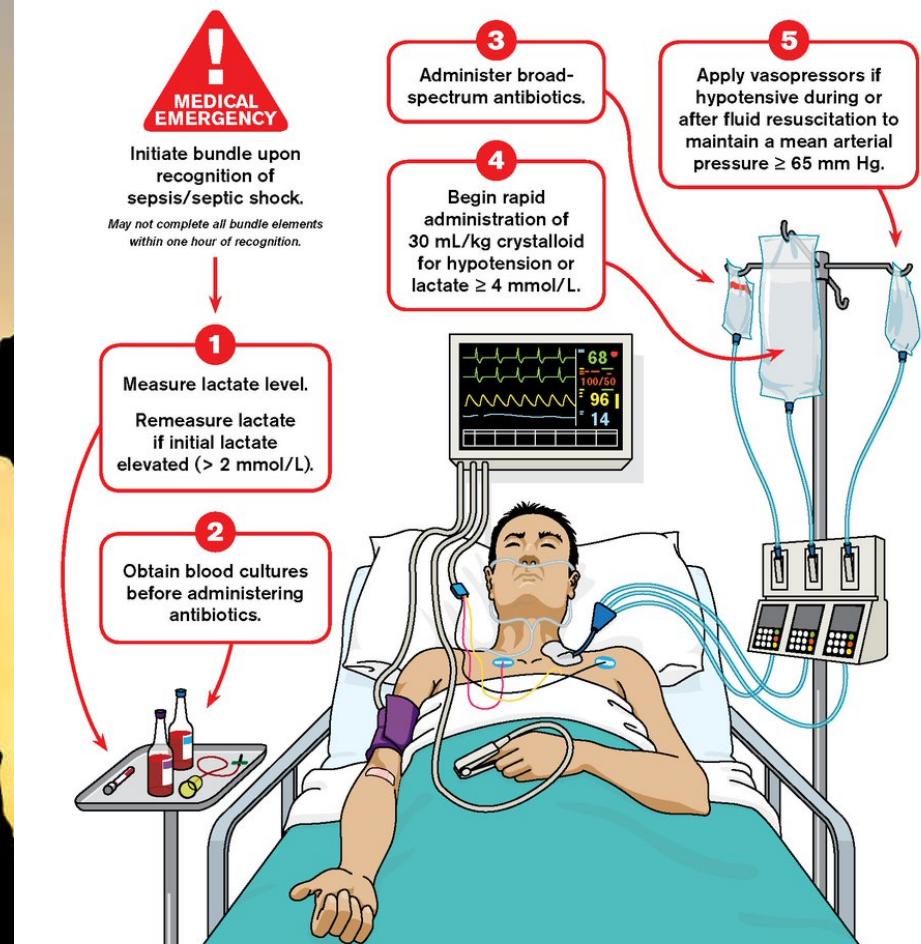


Continuous Progress

Hour-1 Bundle

Initial Resuscitation for Sepsis and Septic Shock

Surviving Sepsis
Campaign



Bundle: SurvivingSepsis.org/Bundle

Complete Guidelines: SurvivingSepsis.org/Guidelines

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Society of
Critical Care Medicine
The Intensive Care Professionals

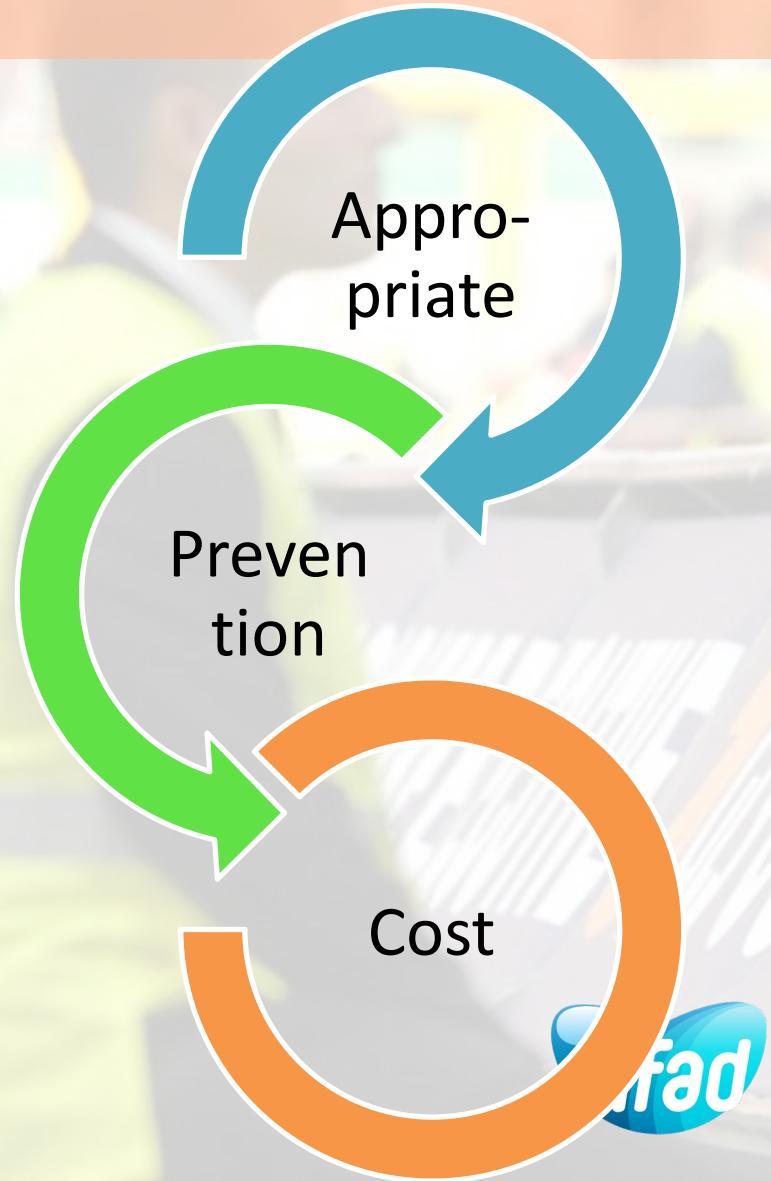
ESICM
The Intensive Care Medicine
Society of
Intensive Care Medicine

Sepsis STEWARDSHIP



Sepsis STEWARDSHIP

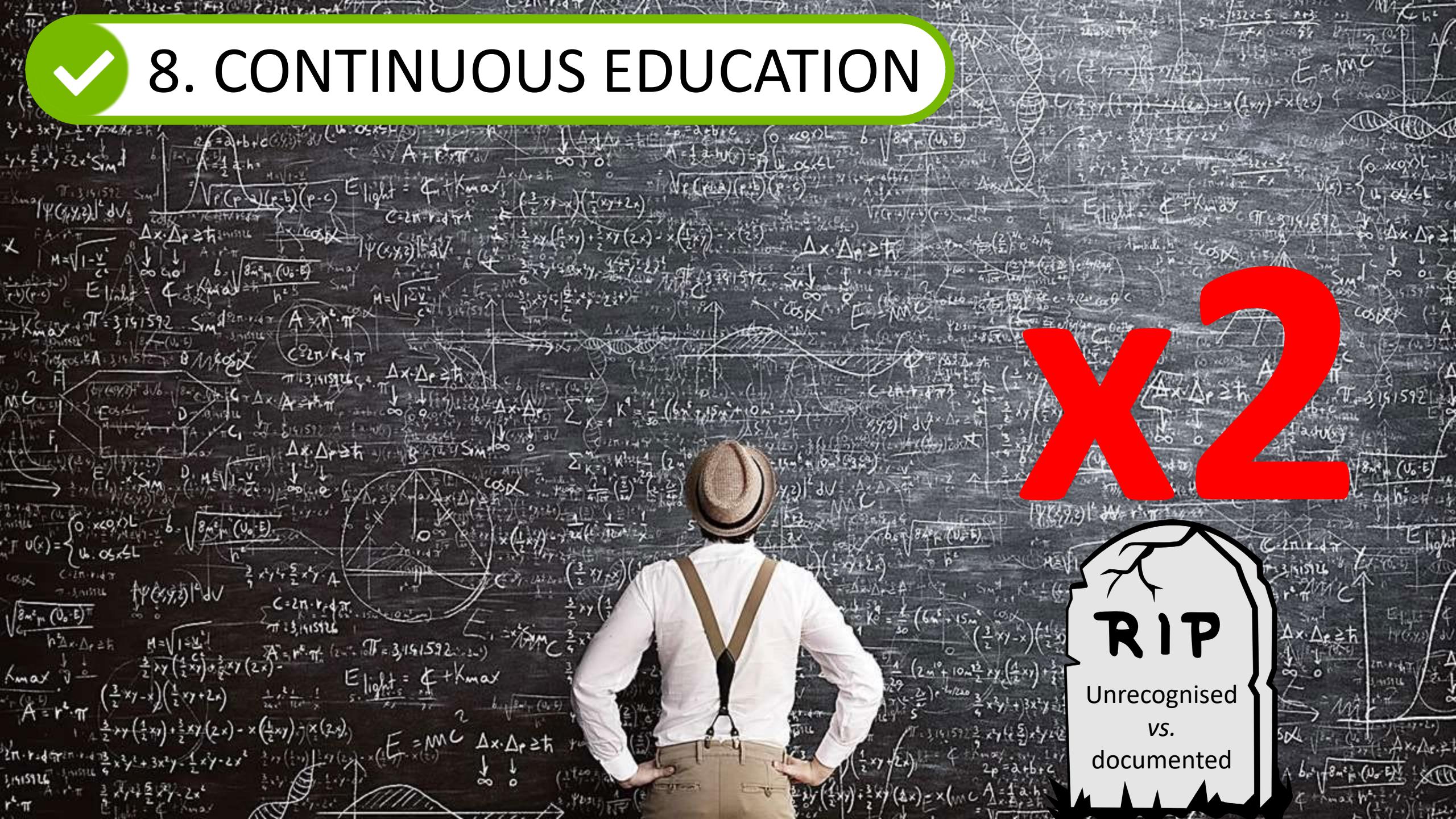
...a series of coordinated interventions, introduced to select the optimal fluid, antibiotic, drug dose and duration of therapy that results in the best clinical outcome, prevention of adverse events and cost reduction...





8. CONTINUOUS EDUCATION

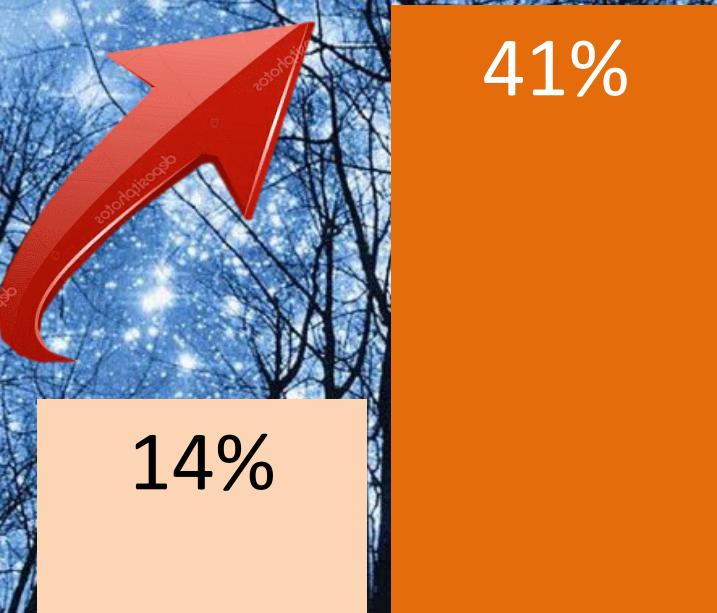
X²



PHANTASI trial

Prehospital Antibiotics Against Sepsis study
Eur J Intern Med. 2021 Jun 23:S0953-6205(21)00204-1

prehospital recognition of sepsis by the EMS personnel



:2





9. RESEARCH AND INNOVATION

Biomarkers

Epidemiology

Genetics

Microbiology

Economics

Bioinformatics (AI)!





10. SEPSIS NETWORK & REGISTRY





Take Home messages



1. INCREASE AWARENESS

Awareness campaign for Belgian public and healthcare workers on early recognition and treatment of sepsis and the antimicrobial stewardship



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Take Home messages

2. EARLY WARNING

Implementation of the NEWS-score in Belgian hospitals and the training of doctors and nurses on how to use it



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Take Home messages



3. RAPID RESPONSE

A Rapid Response System (RRS) provides a theoretical framework to detect and interpret sepsis signs in hospitalized patients, to facilitate communication between healthcare providers and to respond in an appropriate and timely manner



Take Home messages



4. SEPSIS ALERT

EPD's collect and store patient data. From these data, functionalities may automatically calculate disease severity scores and send alerts to staff when certain thresholds indicative of (progression to) sepsis or septic shock are reached

Take Home messages



5. PERFORMANCE IMPROVEMENT

Setting up SMART quality indicators on the implementation and follow-up of sepsis on care bundles in Belgian hospitals

Specific, Measurable, Attainable, Realistic, Timely

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Take Home messages



6. PAY FOR PERFORMANCE

A quality label for sepsis care is a first step in the right direction just like JCI, NIAZ-Qmentum, ISO-norm, DGU (Deutsche Gesellschaft für Unfall Surgery)



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Take Home messages



7. SEPSIS + FLUID STEWARDSHIP

...a series of coordinated interventions, introduced to select the optimal fluid, antibiotic, drug dose and duration of therapy that results in the best clinical outcome, prevention of adverse events and cost reduction...



Take Home messages



8. CONTINUOUS EDUCATION

Development of continuous education for nurses and doctors on sepsis.

Empower the regions for embedding sepsis in the core curriculum of nurses and doctors (including the use of the NEWS-score)



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Take Home messages



9. RESEARCH & INNOVATION

Interdisciplinary research group working in epidemiology, genetics, microbiology, molecular biology (biomarkers), intensive care, statistics, economics, bioinformatics (AI) and innovation



Take Home messages



10. SEPSIS NETWORK & REGISTRY

Sepsis is similar to stroke in many ways; an action plan for sepsis care should therefore be started. Such an action plan could then consist of awareness campaigns, and facilitating the exchange of expertise between hospitals

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What is needed to decrease the burden of Sepsis in Belgium?

September | World
13 | Sepsis
2023 | Day



**What is needed to decrease the
burden of Sepsis in Belgium?**

We Need A National Belgian Sepsis Action Plan!

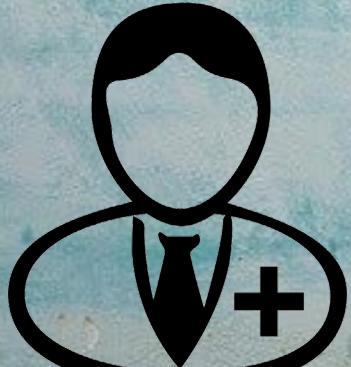
September | World
13 | Sepsis
2023 | Day



Early presentation to hospital



Timely recognition



Compliance



Appropriate treatment



SEPSIS
ACTION
PLAN



RX





European Sepsis Care Survey

Are structures of adequate sepsis care Europe-wide available?
Participate and answer this question. Become part of the ESCS Study Group



ALL professions are invited.

Register your hospital here:
<https://sepsissurvey.surveymonkey.com/r/Hospital-Registration-European-Sepsis-Survey>



ESCMID
EUROPEAN SOCIETY
OF CLINICAL MICROBIOLOGY
AND INFECTIOUS DISEASES
ESCMID Study Group for Bloodstream Infections,
Endocarditis and Sepsis - ESGBIES



European Society of
Anaesthesiology and
Intensive Care

official endorsed by



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Microsoft PowerPoint



European Sepsis Care Survey



General
Part I

Emergency Department
Part II

Ward
Part III

Intensiv Care Unit
Part IV

Quality Programs
Part V

Capabilities and resources

Early recognition and screening

Guidelines and protocols

Diagnostic capabilities - blood cultures

Implementation, measurement of quality indicators

“An multidisciplinary cross-sectional analysis of structure and capabilities of sepsis care in hospitals in the EU and worldwide.”



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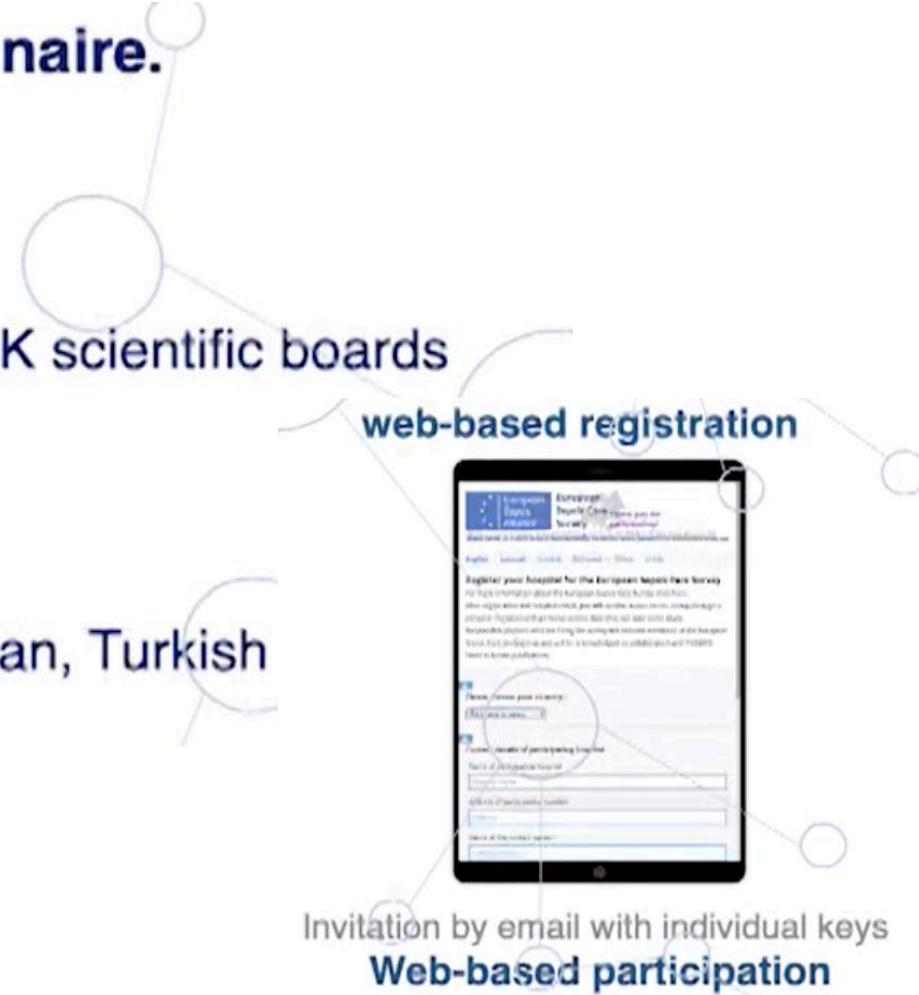
Slide courtesy of Dr C. Scheer – Presentation @ #IFAD2022

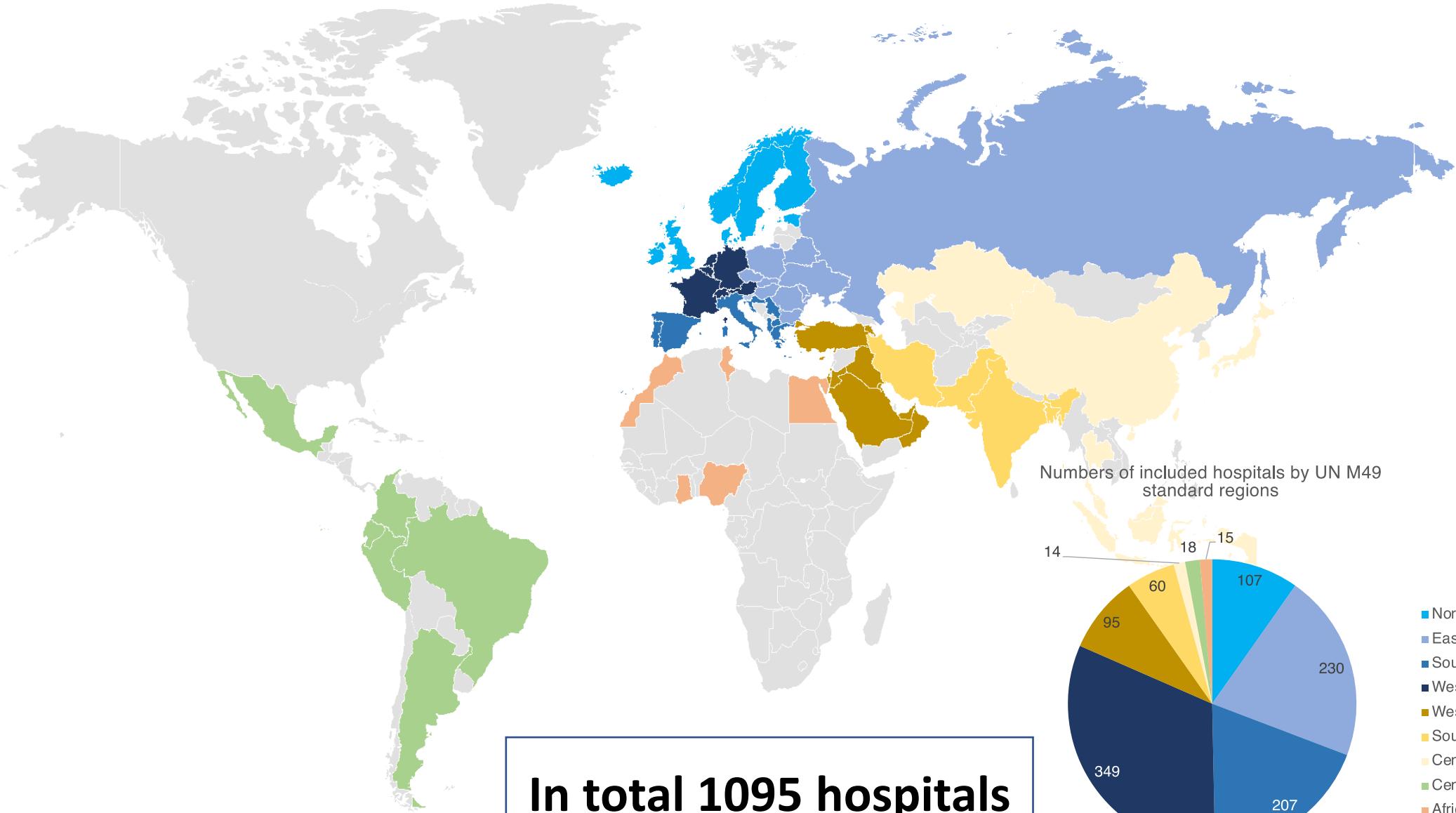
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Study Design

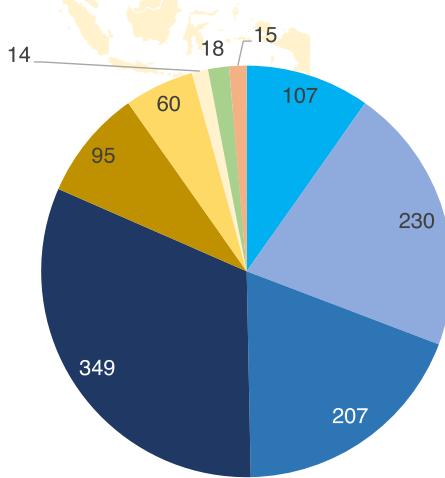
Cross-sectional survey using an online questionnaire.

- Designed and tested by ESCS Steering committee
- Reviewed by ESAIC, ESICM, Intensive Care Society UK scientific boards
- Tested by multiple national coordinators
- Web-based registration and participation
- Available in English, German, Polish, Romanian, Russian, Turkish





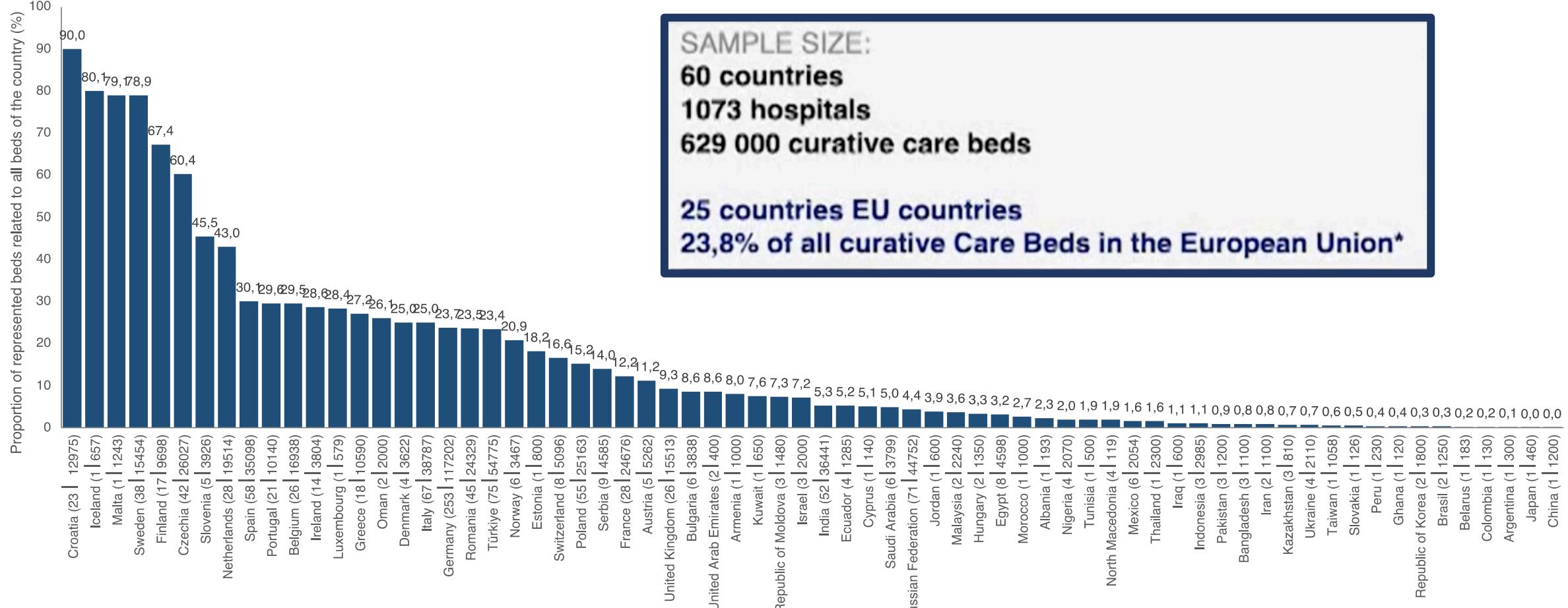
Numbers of included hospitals by UN M49 standard regions



- Northern Europe
- Eastern Europe
- Southern Europe
- Western Europe
- Western Asia
- Southern Asia
- Central, Eastern and South-eastern Asia
- Central and South America
- Africa



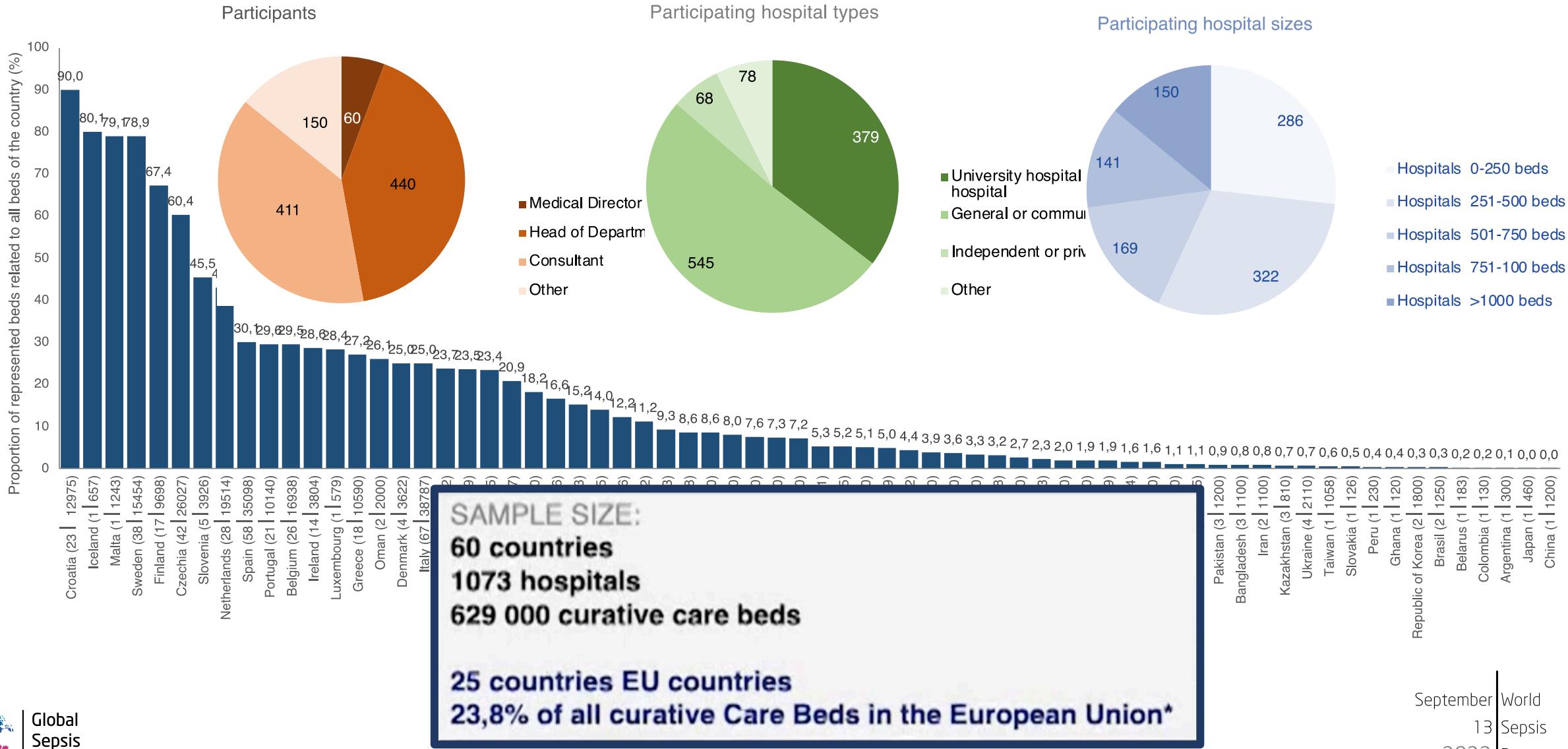
ESCS Sample



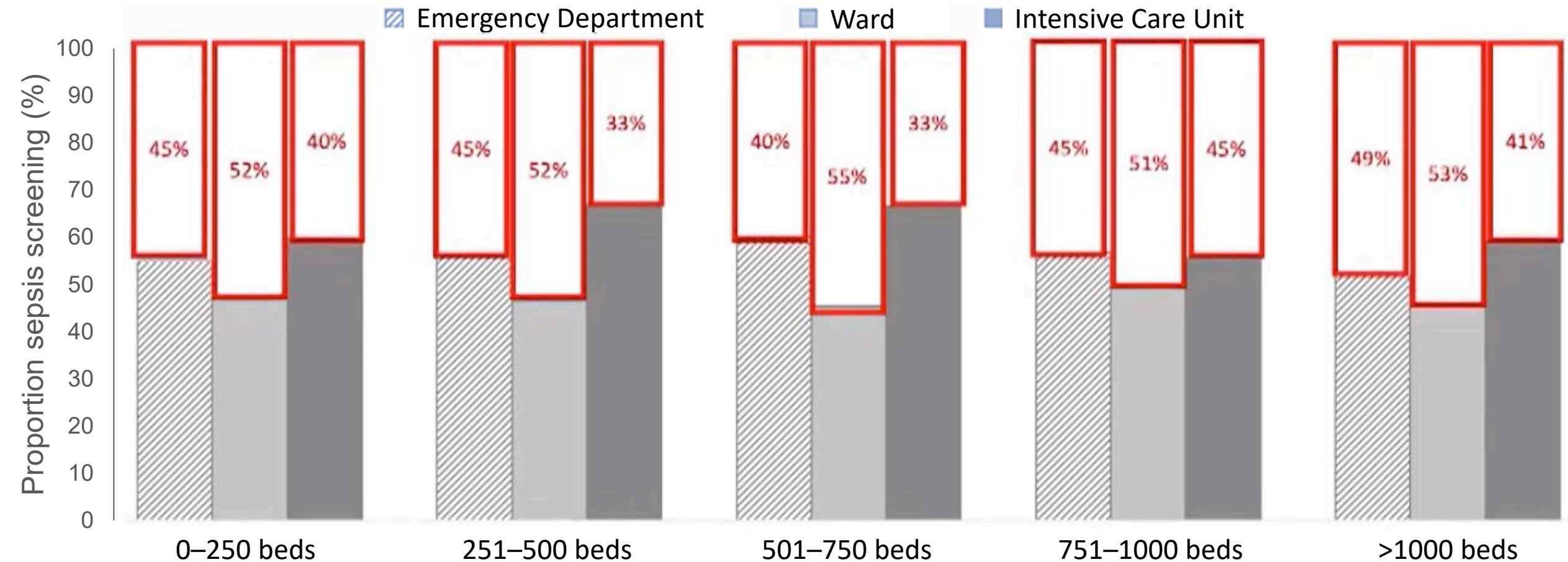
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ESCS Sample



Presence of screening for early recognition of sepsis



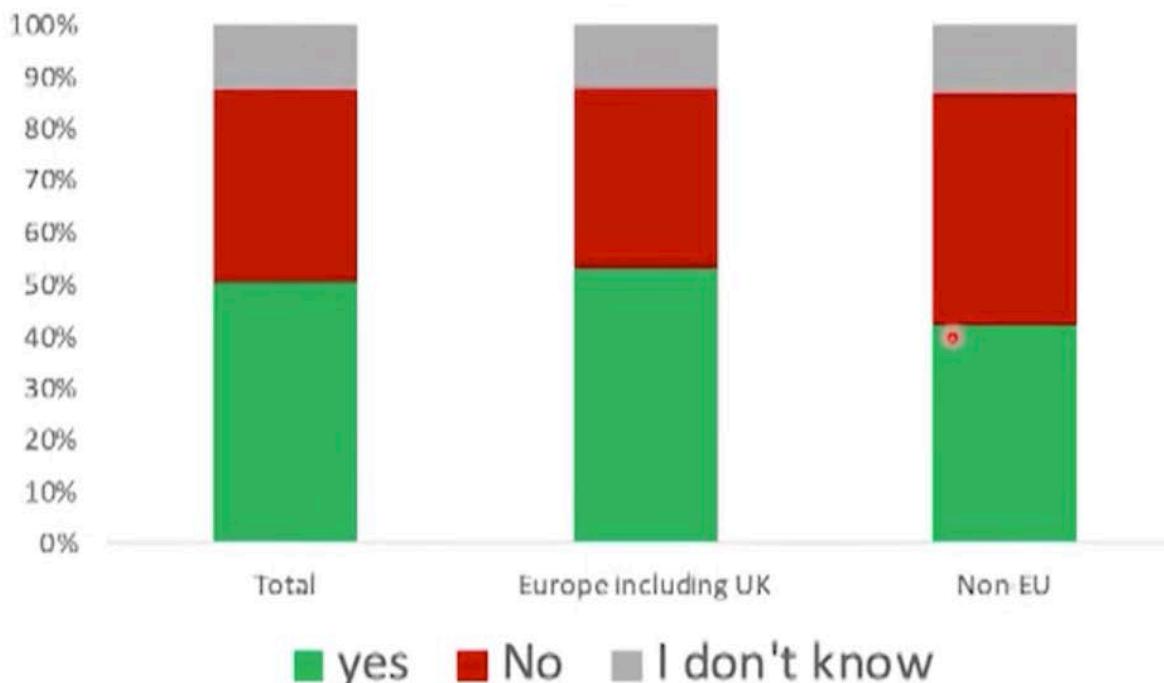


Do you have a **Protocol, Care Pathway or Bundle** specifically for the Management of Sepsis in the **Emergency Department?**



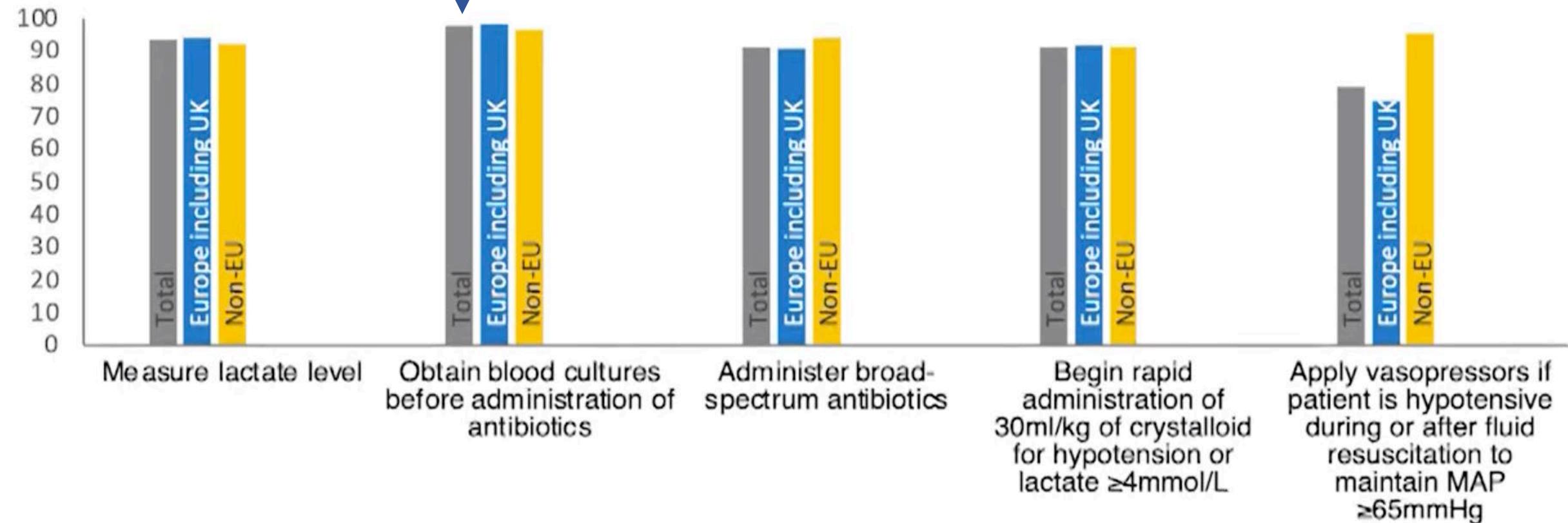
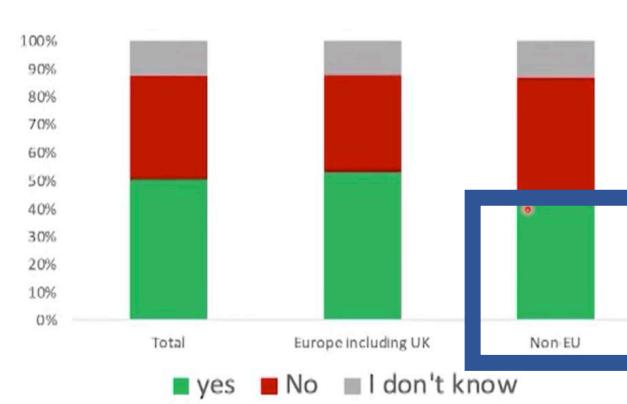
A systematic sepsis management considering the crucial core elements (the sepsis bundle).

- **Blood cultures**
- **Anti-infectives**
- **Lactate**
- **Fluid resuscitation**
- **Vasopressors**





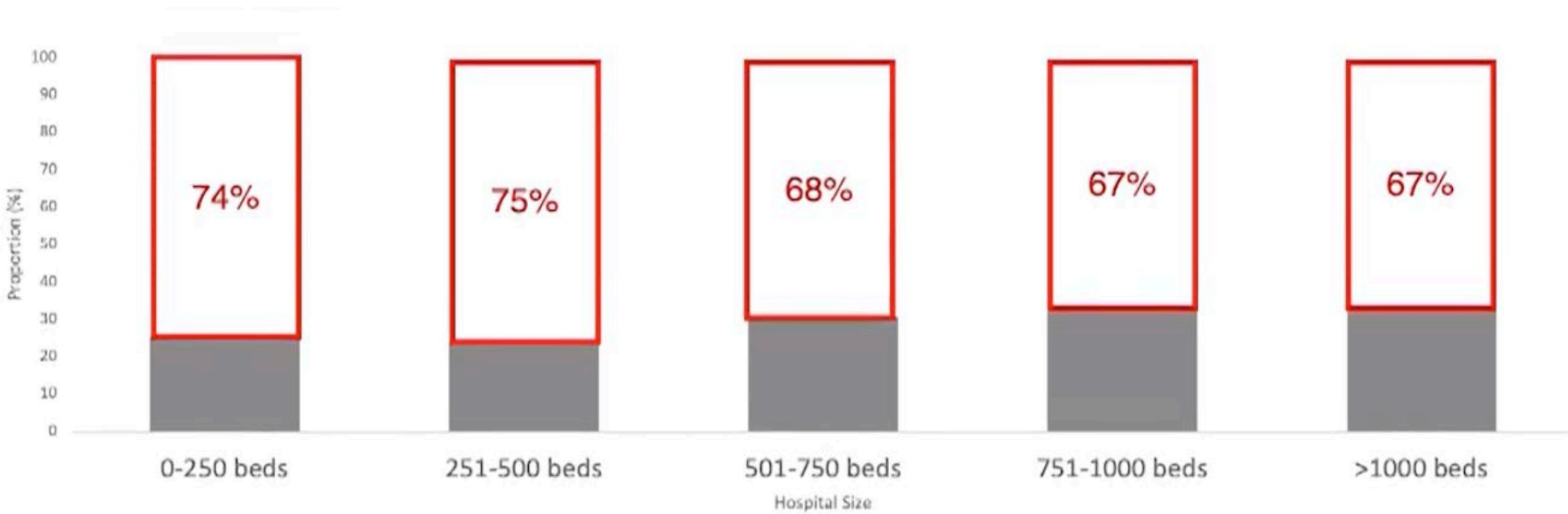
What are the sepsis bundle elements in the ERs that use them?



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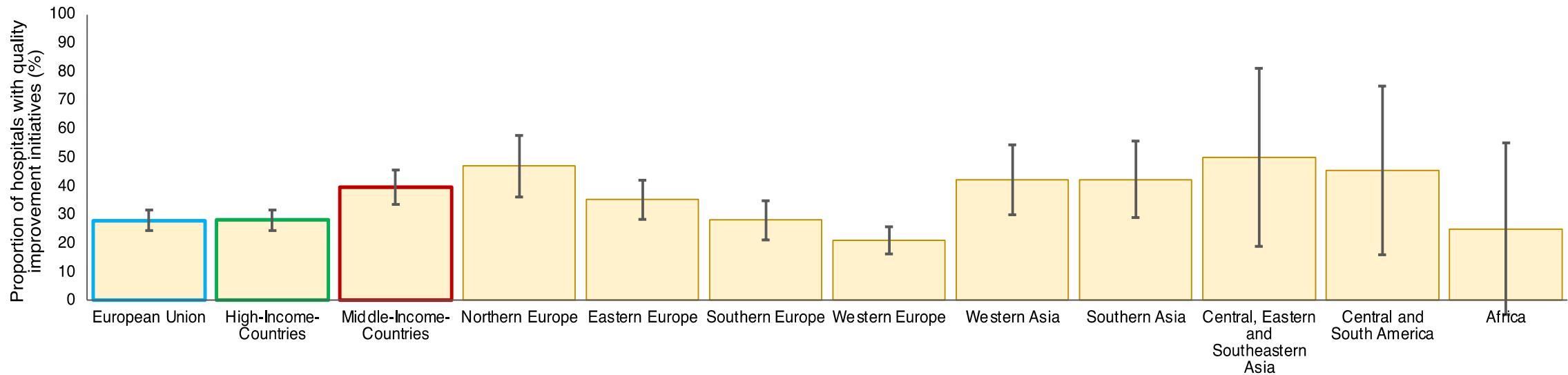
Do you have a sepsis training or improvement program?





Do you have a sepsis training or improvement program?

Quality improvement initiatives by M49 region



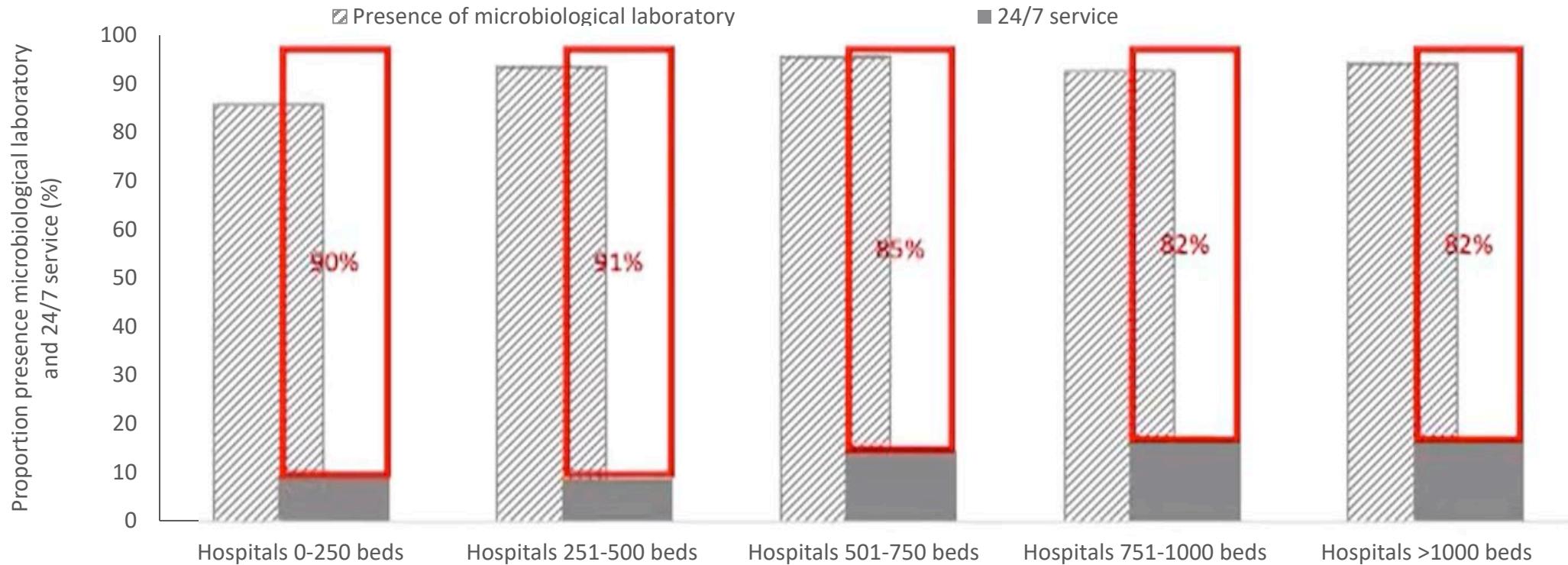
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Do you have a 24/7 presence of a microbiological service ?



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A Big Thank You to...

more than 1500 participants

ESCS Steering Committee

- Adam Linder, Sweden (Chair ESA working group research)
- Christian S. Scheer, Germany (ESA working group, principal investigator ESCS)
- Daniela Filipescu (Vice-Chair of European Sepsis Alliance)
- Evangelos Giamarellos-Bourboulis, Greece (Chair of European Sepsis Alliance)
- Evgeny Idelevich, Germany (Representative ESCMID/Study Group for Bloodstream Infections, Endocarditis and Sepsis (ESGBIES))
- Konrad Reinhart, Germany (Founding president Global Sepsis Alliance)
- **Manu Malbrain (Representative International Fluid Academy (IFA))**
- Matthias Gründling, Germany (Quality management project Sepsisdialog)
- Ricard Ferrer (Representative European Society of Intensive Care Medicine (ESICM))
- Said Laribi (Representative European Society for Emergency Medicine (EUSEM))
- Gabriella Bottari (Representative European Society for Pediatric and Neonatal Intensive Care (ESPNIC))

Endorsing European Societies



European Society of
Anaesthesiology and
Intensive Care



ESCMID

EUROPEAN SOCIETY
OF CLINICAL MICROBIOLOGY
AND INFECTIOUS DISEASES
ESCMID Study Group for Bloodstream Infections,
Endocarditis and Sepsis - ESGBIES



EUSEM
EUROPEAN SOCIETY FOR EMERGENCY MEDICINE

+ National societies



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Conclusions ESCS

- Large well-distributed sample
- 25% of all curative care beds in Europe
- 50% have sepsis bundles
- 30% have education programs
- A lot of room for improvement!
- Knowledge gaps exist among countries and departments
- Need more sepsis awareness, education and training



@SepsisSurvey

A World Free of Sepsis

www.global-sepsis-alliance.org

www.worldsepsisday.org

www.worldsepsiscongress.org

www.fluidacademy.org

www.wscspotlight.org

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